



MONTI SENIOR NEWS

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and still growing”*

MONTICELLO SENIOR CENTER APRIL 2022 NEWSLETTER

Breakfast Fundraiser

Please come to the senior center breakfast fundraiser on Sunday, April 24.

This all you can eat breakfast includes pancakes, ham, scrambled eggs, sausage, milk, juice, and coffee. It will take place in the community center gym from 8 a.m. to noon.

The cost is \$8 in advance (\$9 at the door) for people age 13+, \$5 for kids ages 6-12, and kids age 5 and younger eat free. Tickets are available now in the senior center.

Learn How to Avoid Scams

Join us on Wednesday April 27th at 10 a.m. for an informative presentation about telephone, online, and other scams that target older adults.

Sgt. Drew Scherber from the Wright County Sheriff's Office along with our HOME Program Coordinator Joe Kaul will be our presenters and will discuss what they've seen and dealt with when it comes to common fraud activity that many people fall victim to every day.

Sgt. Scherber and Joe are here to help educate you on how to remain safe from predators that are always on the lookout for people that may be vulnerable to their increasingly complex methods of committing these frauds and scams.

You will be able to ask questions afterward of either presenter, and there will be information you can take home with you to share with friends and neighbors. We all need to stay aware and know how to spot common scams in today's world.

Please sign up if you plan to attend

Help With *Project Sunshine*

20 volunteers are needed to help with a fun service project packaging activity kits which will bring sunshine and support to pediatric patients and their families. We will carry out this project at the community center on Wednesday, April 20, during National Volunteer Week. We will start working at 9:30 a.m. and believe it will take 2-3 hours to complete. Snacks will be provided. This event is co-sponsored with AmeriCorps Seniors RSVP.

Sign up at the senior center if you are willing to help bring a little cheer to kids going thru a tough time. Talk to Pam if you have questions.





Breakfast Volunteers Needed

Contact the senior center if you can help with the April 24th breakfast.

There are many jobs to fill! You can sign up for either the 8—10 a.m. or 10 a.m.—noon shift. Thank you! 😊

APRIL ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
3	4 8:00 Ceramics 8-11 Pickleball 8:30 Casino Trip 9:00 Tax Assistance 9:00 Cribbage Tournament 12:30 Bridge 1:00 Movie Monday	5 8-11 Pickleball 9:00 Tax Assistance 9:00 Tech Support 9:30 Foot Clinic 10-15 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	6 8:00 Ceramics 8-11 Pickleball 8:30 Sinners & Saints Trip 12:00 Dinner 1:00 500	7 8-11 Pickleball 9:00 Tax Assistance 9:00 Driver's Class 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge	8 8:00 Ceramics 9:30 Guided Autobiography Class 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	9 8-11 a.m. Center Open
10	11 8:00 Ceramics 8-11 Pickleball 9:00 Tax Assistance 9:00 Cribbage Tournament 12:30 Bridge 1:00 Movie Monday 4:00 Board Meeting	12 8-11 Pickleball 9:00 Tax Assistance 9:00 Tech Support 10-15 Line Dancing 10:30 Choir 11:00 Blood Pressure 12:00 Dinner 1:00 Hand and Foot	13 8:00 Ceramics 8-11 Pickleball 9:00 Team Pool Tournament 9:30 Book Club 12:00 Dinner 1:00 500 Tournament	14 8-11 Pickleball 10:30 Caregiver Support Group 10:30 Bingo 12:00 Dinner 1:00 Bridge	15 8:00 Ceramics 9:30 Guided Autobiography Class 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	16 8-11 a.m. Center Open
17	18 8:00 Ceramics 8-11 Pickleball 9:00 Cribbage Tourney 12:30 Bridge 1:00 Movie Monday	19 8-11 Pickleball 9:00 Tech Support 10-15 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	20 8:00 Ceramics 9:30 Project Sunshine 8-11 Pickleball 12:00 Dinner 1:00 500	21 8-11 Pickleball 9:00 Bike Group Meeting 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge	22 8:00 Ceramics 9:30 Guided Autobiography Class 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	23 8-11 a.m. Center Open
24	25 8:00 Ceramics 8-11 Pickleball 9:00 Cribbage Tourney 12:30 Legal Aid 12:30 Bridge 1:00 Movie Monday	26 8-11 Pickleball 9:00 Tech Support 9:00 Foot Clinic 10-15 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	27 8:00 Ceramics 8-11 Pickleball 10:00 Scams Program 12:00 Dinner 1:00 500 1:30 Memory Cafe	28 8-11 Pickleball 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge	29 8:00 Ceramics 9:30 Guided Autobiography Class 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	30 8-11 a.m. Center Open
8 a.m.-Noon Fundraiser						
						

2 Toenail Clipping Dates Scheduled

Wright County Public Health nurses will be at our center on Tuesday, April 5 & 26 to assist people age 60+ with toenail clipping.

Appointments are required and can be made by calling Patty Larson at 763-682-7460.

There is a \$15 charge for this very beneficial service.

Driver Classes

People age 55+ completing a defensive driving class are eligible to receive a 10% auto insurance discount. The cost is \$25.

Four-hour refresher courses for those who have previously completed an eight-hour course will be held on April 7, May 5, June 15, and July 7 from 9 a.m. to 1 p.m. Call the senior center for additional 2022 class dates.

Drop off or mail payment (cash or check) to the center in advance. Checks are payable to the Monticello Senior Center. Class size is limited and people must register in advance. No refunds for no-shows.

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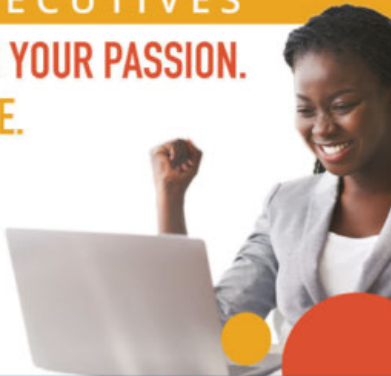
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APRIL 2022 MENU

Tuesday Meals from Chin Yuen	Wednesday Meals from American Legion Post 260	Thursday Meals from VFW Post 8731	Friday Meals from Cornerstone Café
			1 Goulash Salad Dinner Roll
5 Teriyaki Chicken Egg Roll Fried Rice Fortune Cookie	6 Ham Au Gratin Potatoes Green Beans Dinner Roll	7 Hot Beef Sandwich Mashed Potatoes Gravy Vegetable	8 Chicken Broccoli & Mushrooms Cavatappi Salad Dinner Roll
12 Beef Chow Mein Chicken Wings Fried Rice Fortune Cookie	13 Spaghetti & Meatballs Salad Breadstick	14 Turkey Mashed Potatoes/Gravy Vegetable Dinner Roll	15 Tuna Hotdish Salad Dinner Roll
19 Sweet & Sour Chicken Egg Roll Fried Rice Fortune Cookie	20 Tater Tot Hot Dish Coleslaw Dinner Roll	21 Meatloaf Mashed Potatoes Vegetable Dinner Roll	22 Reuben Sandwich Vegetable
26 Teriyaki Chicken Egg Roll Fried Rice Fortune Cookie	27 Lasagna Salad Dinner Roll	28 Swedish Meatballs Mashed Potatoes/Gravy Vegetable Dinner Roll	29 French Dip Salad Tortilla Chips

Many thanks to the following restaurants for providing the meals: Chin Yuen, American Legion Post 260, VFW Post 8731, and Cornerstone Café. Menu is subject to change. Dinners are served at noon to persons age 55+ and spouse regardless of age. The meal cost is \$4. Meal reservations must be made at least one business day in advance by noon. People must pay for all meals they order.

MONTICELLO SENIOR CENTER • 505 WALNUT STREET, SUITE 3 | MONTICELLO, MN 55362
(763) 295-2000 • HOURS: MONDAY–FRIDAY 8 AM-4 PM; SATURDAYS 8-11 AM



Help Plan Bike Rides

If you like to bike ride, check out the River City Riders bicycle group. Interested people should meet at the center on Thursday, April 21 at 9 a.m. to plan this season's weekly rides. They really have fun and get good exercise.

Don't Miss It!

Book Club Meets Monthly

The senior center Book Club will meet on Wednesday, April 13 at 9:30 a.m. They will be discussing *The Trouble with Goats and Sheep* by Joanna Cannon and will pick up the new book. Check it out, new members are always welcome.

Card Tournaments...

All tournaments are open to people age 55+ and they must sign up to play in each at least one business day in advance. Cash prizes are awarded to the winners and all games have a \$2 entry fee.

- *Euchre—Friday, April 1, 8, 15, 22 & 29 @ 1 p.m.
- *Cribbage—Monday, April 4, 11, 18 & 25 @ 9 a.m.
- *500—Wednesday, April 13 @ 1 p.m.

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TRIPS

Mystic Lake Casino

You can ride the coach bus to Mystic Lake Casino on Monday, April 4. The bus departs the community center at 8:30 a.m. and returns at about 3:15 p.m. Due to increased bus rental costs, the casino trip charge has been raised to \$20. Those going will receive \$15 on their casino card and a \$4 off food coupon.

Treasure Island Casino

Ride the coach bus to Treasure Island Casino on Monday, May 2. The bus will depart the community center at 8:30 a.m. and returns at about 3:45 p.m. There is an \$20 charge for the bus ride and those going will receive \$15 on their casino card and a \$3 off food coupon.

Barn Quilt & Picturesque Farm Sites

Share a bus with seniors from Elk River on May 11 as you take a trip to Carver County to explore one of the largest open-air galleries in Minnesota amidst the beautiful countryside. A ride-along Quilt Barn Tour Guide will share with you the history of the quilts and the barns. On the route you will see impressive works such as: "Lone Star"- the Kramer Farm; "Fannies Fan"- The Granary; "Custom Block"- The Honebrink Farm; "Hopscotch"- The Drees Farm; "Triple Tulip"- The Willems Family Hollander Farm; "Floral Pattern"- The Sunny Hill Farm. You will have the opportunity to get off the bus and go inside a barn as well as shop for souvenirs, books, and gifts.

Enjoy a boxed lunch at the Outpost Barn Event Center, which is a unique space designed for people to enjoy the quiet serenity of rural Minnesota. Menu: croissant sandwich, pickle, chips, cookie, and bottled water.

The cost is \$74 per person and the deadline to register is April 11. The bus will depart the community center at 8 a.m. and return at 4 p.m.

As Seen in Branson...

The Melody Hart Family

From the TV and radio show, Branson Country USA, Melody Hart is bringing her show to the Paramount Center for the Arts on Monday, June 13! This two-hour show features classic country, bluegrass western, swing, and rock 'n' roll music. She will be joined by her husband Wayne, a veteran fiddler of the stage who worked with the legendary Roy Clark, and their two sons. This show features an all-star lineup of pickers from the top shows in Branson.

Prior to the 1:30 p.m. performance, you can enjoy the lunch buffet at Coyote Moon Grille. The buffet will include three hot entrees, potato, vegetable, soup, Caesar salad, fresh popovers, cookie & coffee station, and a non-alcoholic beverage. The coach bus will depart the community center at 11 a.m. and return at about 4:15 p.m. The cost is \$68 per person.

Team Pool Tournament

- ◆ Monticello Senior Center
- ◆ Wednesday, April 13, 9 a.m.
- ◆ Sign up in advance
- ◆ \$3 entry fee

Tax Assistance Offered

Low to moderate income persons can get help filing their tax forms. Contact the senior center to schedule an appointment, which will be offered on Mondays, Tuesdays, and Thursdays thru April 12. There is no charge for this service and space is limited.

Be sure to bring with you to your appointment the completed intake papers you picked up from the center, your personal tax documents, photo ID, Social Security number documentation, and blank check for direct deposit.

Masks will be required while meeting with the volunteer tax preparer.

Memory Café

Our Activity Hour Memory Café is a safe and comfortable place where caregivers and their loved ones with memory loss can participate together in a creative activity while socializing with others. The café experience is free, and all the supplies are provided for you.

These Memory Cafés are held on the 4th Wednesday of each month (April 27) from 1:30-2:30 p.m. If you wish to participate in person at the Crow River Senior Center, call 763-497-8900. If you wish to participate at the Monticello Senior Center via Zoom, call 763-295-2000.

Tech Support is Available

Need help with your smart-phone, tablet, computer or TV system?

Mary, a very tech-savvy volunteer comes to our center on Tuesday mornings to help people with technology issues. If you would like to meet with her, you can call to schedule an appointment and there is no charge. Be sure to bring your equipment with you to your appointment. Mary can also connect with you over the phone.

In home help is also available for a small fee.

Free Legal Aid—Monday, April 25
Appointments required.

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Caregiver Support Group

If you are caring for someone either close or from afar, be sure to check out the Caregiver Support Group that meets at the center on the 2nd Thursday of each month (April 14) from 10:30 a.m. to noon.

This group is facilitated by Licensed Social Worker Becky Allard, provides specialized support and education, and is intended for nonprofessional caregivers. Call the center at 763-295-2000 if you plan to attend.

HOME Program

The senior center's HOME Program can assist older adults with maintenance and cleaning both indoors and out. Help is available on a sliding fee scale with housekeeping, minor repair services, painting, lawn care, etc. All staff take precautions to ensure safety.

These services are available for residents in Monticello and several surrounding communities. Contact Joe Kaul, HOME Program coordinator, at 763-416-7969 for more information.

Please continue to wash your hands frequently and use hand sanitizer when in the senior center.

Keep in mind that barring any future mandates, people will not be required to wear masks in the center and they may not be vaccinated.

Blood Pressure Checks

***Tuesday, April 12, 11 a.m. to noon**

Help for Caregivers

Are you a caregiver who would like to converse with someone who understands? Help is available thru the senior center. Contact Becky Allard, LSW from Senior Community Services, 952-746-4028, b.allard@seniorcommunity.org

Becky is available for one on one caregiver support appointments on Thursday mornings at the center. Please call her to set up a time. If Thursday mornings do not work for you, please contact Becky to explore other options.

Did you buy your ticket for the April 24th senior center breakfast fundraiser yet?

Monticello Senior Center

505 Walnut Street, Suite 3

Monticello, MN 55362

Phone: 763-295-2000

Website:

monticelloseniorcenter.org

Open Hours:

Monday-Friday, 8 a.m.- 4 p.m.

Saturday, 8-11 a.m. (office closed)

Director:

Pam Loidolt