

APRIL ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 8:00 Ceramics 8:00 Casino Trip 9:00 Tax Assistance 9:00 Cribbage Tournament 1:00 Bridge 1:00 Movie Monday	4 7-11 Pickleball 8:30 Tech Support 9:00 Foot Clinic 9:00 Tax Assistance 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	5 8:00 Ceramics 10:00 Bible Study 12:00 Dinner 1:00 500	6 7-11 Pickleball 9:00 Tax Assistance 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge	7 8:00 Ceramics 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	1/8 8 a.m.-Noon Center Open
9 	10 7-11 Pickleball 8:00 Ceramics 9:00 Cribbage Tourney 9:00 Tax Assistance 1:00 Bridge 1:00 Movie Monday 4:00 Board Meeting	11 7-11 Pickleball 8:30 Tech Support 9:00 Tax Assistance 10:30 Line Dancing 10:30 Choir 11:00 Blood Pressure 12:00 Dinner 1:00 Hand and Foot	12 8:00 Ceramics 9:00 Team Pool Tournament 9:30 Book Club 10:00 Bible Study 12:00 Dinner 1:00 500 Tournament	13 7-11 Pickleball 9:00 Tax Assistance 9:00 Bike Meeting 10:30 Caregiver Support Group 10:30 Bingo 12:00 Dinner 1:00 Bridge	14 8:00 Ceramics 8:30-11 Pickleball 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	15 8 a.m.-Noon Center Open
16	17 7-11 Pickleball 8:00 Ceramics 9:00 Cribbage Tournament 12:00 Volunteer Appreciation 1:00 Bridge	18 7-11 Pickleball 8:30 Tech Support 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	19 8:00 Ceramics 9:00 Driver's Class 10:00 Bible Study 12:00 Dinner 1:00 500 1:30 Memory Café	20 7-11 Pickleball 9:45 Sidekick Theater Trip 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge	21 8:00 Ceramics 8:30-11 Pickleball 10:00 Women's Pool 10:00 Travel Show 12:00 Dinner 1:00 Euchre Tournament	22 8 a.m.-Noon Center Open
23 8 a.m.—noon Breakfast Fundraiser 	24 7-11 Pickleball 8:00 Ceramics 9:00 Cribbage Tournament 10:30 Libraries of MN 12:30 Legal Aid 1:00 Bridge 1:00 Movie Monday	25 7-11 Pickleball 8:30 Tech Support 9:00 Foot Clinic 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	26 8:00 Ceramics 10:00 Bible Study 12:00 Dinner 1:00 500	27 7-11 Pickleball 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge	28 8:00 Ceramics 8:30-11 Pickleball 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	29 8 a.m.-Noon Center Open
30						

Free Tax Assistance

Low to moderate-income people of all ages can get their taxes prepared at the center free of charge on Mondays, Tuesdays, and Thursdays thru April 13. Appointments are required.

Bring with you to your appointment a copy of your last return, picture ID, Social Security card, W2's, 1099's, SSA-1099 forms and other income and/or tax documents for 2022 and rent receipts (CRP) for 2022 or property tax statements for 2022 and 2023.

Be sure to organize your information before your appointment.

Blood Pressure Checks

*Tuesday, April 11, 11 a.m. to noon

*Everybody welcome!

Let's Talk Travel

Join us on Friday, April 21 at 10 a.m. to learn about a number of extended tours with Landmark Tours. *You do not have to sign up to attend.* A local, family-owned tour operator, Landmark's inclusive packages feature round-trip airfare, quality accommodations in great locations, many enjoyable meal experiences, admission to all itinerary attractions, deluxe motorcoach transportation, and the services of a professional Tour Manager. Many spectacular destinations!

River City Riders Bike Group Meeting

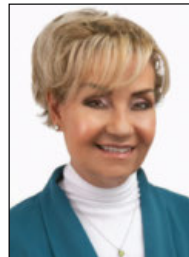
Help plan this season's weekly rides
Meet Thursday, April 13, 9 a.m.

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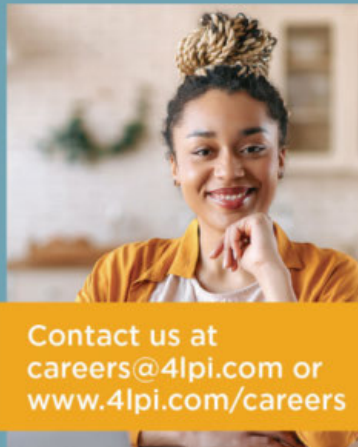
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APRIL 2023 MENU

Tuesday Meals from Chin Yuen	Wednesday Meals from American Legion Post 260	Thursday Meals from VFW Post 8731	Friday Meals from Cornerstone Café
4 Sesame Chicken Egg Roll Fried Rice Fortune Cookie	5 Cheeseburger French Fries Pickle	6 Meatloaf Mashed potatoes Vegetable Dinner Roll	7 Vegetable Lasagna Caesar Salad Dinner Roll
11 Beef Mixed Vegetables Chicken Wings Fried Rice Fortune Cookie	12 Spaghetti Lettuce Salad Breadstick	13 Hot Beef Sandwich Mashed Potatoes Gravy Vegetable	14 Chicken Ranch Wrap Chips Pickle
18 Teriyaki Chicken Wontons Fried Rice Fortune Cookie	19 Beef Stew Lettuce Salad Dinner Roll	20 Lasagna Breadstick	21 Chicken Alfredo Caesar Salad Dinner Roll
25 Sweet & Sour Chicken Egg Roll Fried Rice Fortune Cookie	26 Sloppy Joe Cole Slaw Pickle	27 Turkey Mashed Potatoes Gravy Vegetable Dinner Roll	28 French Dip Garden Salad Chips

Many thanks to the following restaurants for providing the meals: Chin Yuen, American Legion Post 260, VFW Post 8731, and Cornerstone Café. Menu is subject to change. Dinners are served at noon to persons age 55+ and spouse regardless of age. The meal cost is \$5. Meal reservations must be made at least one business day in advance by noon. People must pay for all meals they order.

MONTICELLO SENIOR CENTER • 505 WALNUT STREET, SUITE 3 | MONTICELLO, MN 55362
(763) 295-2000 • HOURS: MONDAY–FRIDAY 8 AM-4 PM; SATURDAYS 8-NOON

Free Legal Aid
Monday, April 24
Appointments required

Voluntary Membership Drive

Please consider participating in the Monticello Senior Center 2023 Voluntary Membership drive. The dues are \$15 for an individual and \$25 for a household per calendar year and are tax deductible. Thanks go to all of you who have already participated in this drive.

Please note: *Membership is not required to take part in senior center activities.*

Book Club Meets Monthly

The senior center Book Club meets on Wednesday, April 12 at 9:30 a.m.

The book, *Every Note Played*, by Lisa Genova, will be discussed. Participants will also pick up the next book the group will be reading. If you enjoy reading, please check out the Book Club.

Team Pool Tournament

- ◆ Monticello Senior Center
- ◆ Wednesday, April 12, 9 a.m.
- ◆ Sign up in advance, \$4 fee

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Advance registration and payment is required for all trips. Refunds will not be given after the registration deadline unless your spot can be filled.

Treasure Island Casino

We will be sharing a coach bus to Treasure Island Casino on Monday, April 3 with participants from the Crow River Senior Center.

The bus will depart the Monticello Community Center at 8 a.m. and return at approximately 4:15 p.m. There is a \$20 charge and those going will receive \$15 on their casino card to spend and \$3 off food.

Incident at Our Lady of Perpetual Help

The trip to see this comedy at the Sidekick Theater on Thursday, April 20 may be full and you can add your name to the waiting list if you wish.

The bus will depart the community center at 9:45 a.m. and returns at about 4:30 p.m. The trip fee of \$75 includes coach transportation, show, lunch prior to the show, and escort.

Treasure Island Casino

We will be sharing a coach bus to Treasure Island Casino on Monday, May 1 with participants from the Rogers Senior Center.

The bus will depart the Monticello Community Center at 8 a.m. and return at approximately 4:15 p.m. There is a \$20 charge and those going will receive \$15 on their casino card to spend and \$3 off food.

Wabasha Street Caves

Explore the Wabasha Street Caves in St. Paul with a very knowledgeable tour guide on Wednesday, May 10. The Wabasha Street Caves are the only remaining restored Gangster Era site. The caves are carved into the hillside in a long abandoned mining venture from the 1800's. Later the caves were a mushroom farm, and then developed as a Restaurant Casino and gangster hotspot during the 1930's prohibition era.

Prior to the tour, you will have lunch onsite. The menu will be The Italian Mobster Buffet: Caesar salad, beef lasagna, penne pasta bake with chicken alfredo, fresh green beans, garlic bread sticks, and assorted cookies, bars and coffee.

The cost is \$75 per person and the deadline to register is April 10. The coach bus will depart the community center at 11:15 a.m. and return at about 3:45 p.m.

Stillwater River Boats

You can enjoy a 2.5-hour private boat cruise on the scenic St. Croix River, departing from Stillwater, on Wednesday, June 21. There are enclosed and climate-controlled levels with patio viewing decks on top. A delicious buffet lunch will be served on the boat and includes hamburgers, grilled chicken, sandwich trimmings, potato salad, fresh seasonal fruit, baked beans, and cookie assortment.

The coach bus will depart the community center at 9:30 a.m. and return at about 3:30 p.m. The cost is \$72 and includes transportation, river cruise, lunch, and escort.

Toenail Clipping

Wright County Public Health nurses will be at our center on Tuesday, April 4 & 25 to assist people age 60+ with toenail clipping.

Appointments are required and can be made by calling Patty Larson at 763-682-7460.

There is a \$20 charge for this service.

Driver Classes

People age 55+ completing a defensive driving class are eligible to receive a 10% auto insurance discount. The cost is \$25.

Four-hour refresher courses for those who have previously completed an eight-hour course will be held on April 19, May 10, and June 7 from 9 a.m. to 1 p.m. You can call for more dates.

Drop off or mail payment (cash or check) to the center in advance. Checks are payable to the Monticello Senior Center. Class size is limited and people must register in advance. Please note that refunds will not be given for no-shows.



Technology Support & Coaching

Need help with your smartphone, tablet, laptop or other device? Connect with an experienced digital handyperson, who visits the center each Tuesday and can help you:

- Virtually connect via Zoom or Facetime
- Find and use helpful device features
- Manage online security and safety
- Troubleshoot device settings or errors



Call the center to schedule your **free** appointment. Bring your device with you.

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To learn more, call 763-416-7969 or email hometeam@seniorcommunity.org.



If you're helping an older adult in your life, you are a **caregiver**. Licensed social worker **Becky Allard, LSW**, can help you get the support you need to sustain your ability to provide help and maintain your own life balance.

Make a **one-on-one appointment** for individualized support, guidance or advice.

Register for a **caregiver support group** held the 2nd Thursday of each month from 10:30 a.m. to noon.

612-804-0968
b.allard@seniorcommunity.org



Caregiving is a group effort.
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www.seniorcommunity.org
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Memory Cafés



Join us with guest activity facilitators
Wright County Extension Master Gardeners.

There is **no fee** for this activity, but **registration is required.**
Call the Center to register.



Wednesday, April 19 1:30 pm	Wednesday, May 17 1:30 pm	Wednesday, June 21 1:30 pm
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Caregivers have the option to attend a **concurrent caregiver support group.**

This caregiver support group is funded under contract with the Central MN Council on Aging as part of the Older Americans Act Program.



Card Tournaments...

Senior center card tournaments are open to people age 55+. All games have a \$2 entry fee and prize money is paid to the tournament winners.

Advanced sign up for all tournaments is not required. See calendar for schedule.

Monticello Senior Center

505 Walnut Street, Suite 3

Monticello, MN 55362

Phone: 763-295-2000

Website:

monticelloseniorcenter.org

Open Hours:

Monday-Friday, 8 a.m.- 4 p.m.

Saturday, 8 a.m. - Noon (office closed)

Director:

Pam Loidolt