



MONTICELLO SENIOR NEWS

*“Reaching out
and still growing”*

MONTICELLO SENIOR CENTER APRIL 2024 NEWSLETTER

MSC Volunteers Make a World of Difference!

Monticello Senior Center volunteers will be honored at the center on Wednesday, April 17. If you volunteered in any capacity for the center in 2023, we want you to attend and your spouse is welcome too! Invitations will be distributed. The noon dinner will be catered by American Legion Post 260 and will be followed by a short program, entertainment, and prize drawings. Please sign up for this event by April 12.

Monticello Senior Center Volunteers Make a World of Difference!

Breakfast Fundraiser

Please come to the senior center breakfast fundraiser on **Sunday, April 28**. This all you can eat breakfast includes **pancakes, ham, scrambled eggs, sausage, donuts, milk, juice, and coffee**. It will take place in the community center gym from **8 a.m. to noon**.

The cost is **\$9 in advance (\$10 at the door)** for people age 13+, **\$5 for kids ages 6-12**, and kids age 5 and younger eat free. Tickets are available now in the senior center.

Volunteers are needed for the **8-10 a.m. and 10 a.m.-noon** shifts. Please help us.

Volunteers are needed to display and/or demonstrate their hobbies at the Senior Hobby Day event on **Tuesday, May 14**. Talk to Pam for more details.

Historic Homes of MN

Take a virtual tour of some of Minnesota's most elegant homes with photographer and story teller Doug Ohman. Hear the stories and the personalities that surround many of these historic treasures. "If the walls could talk" will become a reality in this most interesting photo presentation.

Doug will present this program at the center on **Monday, April 8 at 10:30 a.m.** Please sign up if you plan to attend.




Ask a Master Gardener

Spring is almost here and it's time to think about your lawn and garden. Come to the center at **12:30 p.m.** on **Friday April 19th** when a **Wright County Volunteer Master Gardener** will be available to provide tips and resources to answer your gardening questions. Please sign up if you plan to attend.

Learn How to Knit

Mondays, 1-3 p.m. starting April 8
FREE!! FREE!!

APRIL 2024 ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 7-11 Pickleball 8:00 Casino Trip 8:00 Ceramics 9:00 Cribbage Tournament 9:00 Tax Assistance 1:00 Bridge 1:00 Movie Monday	2 7-11 Pickleball 8:30 Tech Support 9:00 Tax Assistance 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	3 8:00 Ceramics 10:00 Bible Study 12:00 Dinner 1:00 500	4 7-11 Pickleball 9:00 Tax Assistance 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge	5 8:00 Ceramics 8:30-11 Pickleball 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	6 8 a.m.-Noon Center Open	
7	8 7-11 Pickleball 8:00 Ceramics 9:00 Cribbage Tourn. 9:00 Tax Assistance 10:30 Historic Homes 1:00 Bridge 1:00 Movie Monday 1:00 Knitting Class	9 7-11 Pickleball 9:00 Tax Assistance 10:30 Line Dancing 10:30 Choir 11:00 Blood Pressure 12:00 Dinner 1:00 Hand and Foot	10 8:00 Ceramics 9:00 Team Pool Tournament 9:30 Book Club 10:00 Bible Study 12:00 Dinner 1:00 500 Tournament	11 7-11 Pickleball 9:00 Tax Assistance 10:30 Caregiver Support Group 10:30 Bingo 12:00 Dinner 1:00 Bridge	12 8:00 Ceramics 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	13 8 a.m.-Noon Center Open	
	14	15 7-11 Pickleball 8:00 Ceramics 9:00 Cribbage Tournament 1:00 Bridge 1:00 Movie Monday 1:00 Hearing Screening 1:00 Knitting Class	16 7-11 Pickleball 8:30 Tech Support 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	17 8:00 Ceramics 10:00 Bible Study 12:00 Volunteer Appreciation 1:00 500	18 7-11 Pickleball 9:00 Bike Group Meeting 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge	19 8:00 Ceramics 8:30-11 Pickleball 10:00 Women's Pool 12:00 Dinner 12:30 Ask a Master Gardener 1:00 Euchre Tourney	20 8 a.m.-Noon Center Open
21	22 7-10 Pickleball 8:00 Ceramics 9:00 Cribbage Tournament 12:30 Legal Aid 1:00 Bridge 1:00 Movie Monday 1:00 Knitting Class	23 7-11 Pickleball 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	24 8:00 Ceramics 9:00 Driver's Class 10:00 Bible Study 12:00 Dinner 1:00 500 1:30 Memory Café	25 7-10 Pickleball 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge	26 8:00 Ceramics 8:30-11 Pickleball 9:00 Painting Class 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	27 8 a.m.-Noon Center Open	
28 8 a.m.-Noon Breakfast Fundraiser 	29 7-11 Pickleball 8:00 Ceramics 9:00 Cribbage Tournament 1:00 Bridge 1:00 Movie Monday 1:00 Knitting Class	30 7-11 Pickleball 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot					



FREE Arts Classes for People Age 55+!!
 These activities are made possible by the voters of Minnesota through a grant from the Minnesota State Arts Board, thanks to a legislative appropriation from the arts and cultural heritage fund.
More classes to come...

Guided Autobiography Class

Write your memoir 2 pages at a time. You can build your life's story through 2-page writing assignments that explore rich life themes to prompt memories and reflection. The collaborative workshop setting of this 8-week course strengthens your writing and helps you find new meaning in significant life events.

The classes will be held on 8 Fridays from 9:30 to 11:30 a.m. starting May 3. The instructor is Bill Marsella. Sign up by April 24. Class size limited to 6 people, with a 4 person minimum.

Floral Painting Basics

Get ready for an art extravaganza with artist Erica Witzmann! In this lively three-session class hosted in part by Monticello Arts Initiative, we're diving headfirst into the world of painting florals. We'll kick things off with vibrant watercolors, shift gears to bold acrylics, and cap it all off with an explosion of creativity in our collage finale. From mastering basic brush and paint techniques to exploring the magic of florals in different mediums and compositions, these sessions are packed with artistic awesomeness! Hurry, space is limited, so snag your spot for this bloomin' good time! Fridays 9-11 a.m. - April 26, May 3 & 10.

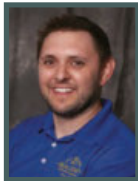
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APRIL 2024 MENU

Tuesday Meals from Chin Yuen	Wednesday Meals from American Legion Post 260	Thursday Meals from VFW Post 8731	Friday Meals from Cornerstone Café
2 Sweet & Sour Chicken Wontons Fried Rice Fortune Cookie	3 Penne Pasta Meatballs Salad Breadstick	4 Meatloaf Mashed Potatoes Gravy Vegetable Dinner Roll	5 Open-faced Hot Beef Salad Special K Bar
9 Teriyaki Chicken Egg Roll Fried Rice Fortune Cookie	10 Scalloped Potatoes and Ham Salad Dinner Roll	11 Hot Beef Sandwich Mashed Potatoes Gravy Vegetable	12 Ranch Chicken Wrap Chips Pickle
16 Chicken Chow Mein Wontons Fried Rice Fortune Cookie	17 VOLUNTEER APPRECIATION Broasted Chicken Mashed Potatoes/Gravy Corn Dinner Roll/Fruit Cup Dessert	18 Lasagna Breadstick	19 Chicken Wild Rice Soup Caesar Salad Dinner Roll
23 Sweet & Sour Chicken Egg Roll Fried Rice Fortune Cookie	24 Hamburger Gravy over Mashed Potatoes Corn Salad Dinner Roll	25 Turkey Mashed Potatoes Gravy Vegetable Dinner Roll	26 Tuna Melt Pasta Salad Pickle
30 Sesame Chicken Egg Roll Fried Rice Fortune Cookie			

Many thanks to the following restaurants for providing the meals: Chin Yuen, American Legion Post 260, VFW Post 8731, and Cornerstone Café. Menu is subject to change. Dinners are served at noon to persons age 55+ and spouse regardless of age. The meal cost is \$5. Meal reservations must be made at least one business day in advance by noon. People must pay for all meals they order.

MONTICELLO SENIOR CENTER • 505 WALNUT STREET, SUITE 3 | MONTICELLO, MN 55362
(763) 295-2000 • HOURS: MONDAY–FRIDAY 8 AM-4 PM; SATURDAYS 8-NOON

Blood Pressure Checks

***Tuesday, April 9, 11 a.m. to noon**

***Everybody welcome!**

Voluntary Membership Drive

Please consider participating in the Monticello Senior Center 2024 Voluntary Membership drive. The dues are \$15 for an individual and \$25 for a household per calendar year and are tax deductible. Please note: *Membership is not required to take part in senior center activities.*

Don't forget to buy your April Breakfast Fundraiser ticket...

Book Club Meets Monthly

The senior center Book Club meets on Wednesday, April 10 at 9:30 a.m.

They will be discussing the book, *Such a Fun Age*, by Kiley Reid. You can also pick up the next book the group will be reading. If you enjoy reading, check out the Book Club.

Team Pool Tournament

- ♦ Monticello Senior Center
- ♦ Wednesday, April 10, 9 a.m.
- ♦ Sign up in advance, \$4 fee

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Ben Allrich

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TRIPS

- *Advance registration and payment is required for all trips.**
- *Refunds will not be given after the registration deadline unless your spot can be filled.**

Treasure Island Casino

We will be sharing a coach bus to Treasure Island Casino on Monday, April 1 with participants from the Crow River Senior Center.

The bus will depart the Monticello Community Center at 8 a.m. and return at approximately 4:15 p.m. Cost is \$20 and those going will receive \$15 on their casino card and \$5 off food.

State Capitol & History Center

This April 10th trip to the MN State Capitol may be full and you can add your name to the waiting list. The cost is \$82 per person. The bus will depart the community center at 8 a.m. and return at about 4:15 p.m.

Treasure Island Casino

We will be sharing a coach bus to Treasure Island Casino on Monday, May 6 with participants from the Rogers Senior Center.

The bus will depart the Monticello Community Center at 8 a.m. and return at approximately 4:15 p.m. *Due to an increase in the bus rental cost, the charge to ride the coach bus will increase to \$25.* Those going will receive \$15 on their casino card and \$5 off food.

**Free Hearing Screening
April 15
Appointments required**

Till Beth Due Us Part

The bus will head to Day Trippers Dinner Theatre (Plymouth Playhouse) on Wednesday, May 15 to take in the show, *Till Beth Due Us Part*.

This side-splitting romp about marriage and careers introduces us to the Haydens. They both work so they hire a highly motivated, gregarious Southerner named Beth to help around the house. Little do they know, Beth is after Suzannah's job. Throw in a couple wise-cracking best friends and a British boss lady, and you discover the hazards of hiring a personal assistant can be hilarious!

Lunch will be served prior to the performance and includes pulled pork with BBQ sauce, baked beans with bacon, creamy cole slaw, buttered sweet corn, house made kettle chips, chocolate chunk brownies, coffee, and iced tea. The cost is \$80 per person. The bus will depart the community center at 10:45 a.m. and return at approximately 4:45 p.m.

Taylor's Falls Boat Cruise

Enjoy an 80-minute narrated scenic tour of the Upper Dalles of the St. Croix River on Thursday, June 13. The boat pilot and tour guide will point out unique rock formations along your journey. The boat is enclosed on the lower level, with an open upper deck.

A box lunch will be served on the boat and includes a turkey and cheddar sandwich, chips, pickle, and a cookie. Beverages will be available for purchase at your own expense. The cost is \$72. The bus will depart the community center at 10:45 a.m. and returns at about 4:15 p.m.

Help Plan This Year's Bike Rides

Meet at the center on Thursday, April 18 at 9 a.m. to plan the May-September rides. Hope you can attend!

Driver Classes

People age 55+ completing a defensive driving class are eligible to receive a 10% auto insurance discount. The cost is \$25.

Four-hour refresher courses for those who have previously completed an eight-hour class will be held on April 24, May 16, and June 13 from 9 a.m. to 1 p.m. You can call for more dates.

Drop off or mail payment (cash or check) to the center in advance. Checks are payable to the Monticello Senior Center. Class size is limited and people must register in advance. Please note that refunds will not be given for no-shows.



One on One Technology Support

Bring your personal device (laptop, tablet, or smartphone) and connect with an experienced digital handyperson who can help you:

- Adjust settings for basic use, communication, online safety, and security
- Personalize your device for your needs and interests
- Find and use functions, services, and apps that will be most helpful to you

Call the center to schedule your **free** appointment.

A service provided as part of the HOME program and funded, in part, by Hennepin and Wright Counties, and the Minnesota Department of Human Services.

Last updated 12.2023

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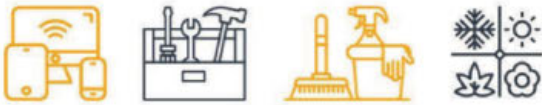
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The **HOME program** offers a variety of services including personal technology assistance, handyman services, home safety checks, housekeeping and lawn care/snow removal.



To learn more, call 763-416-7969 or email hometeam@seniorcommunity.org.



If you're helping an older adult in your life, you are a **caregiver**. Licensed social worker **Becky Allard, LSW**, can help you get the support you need to sustain your ability to provide help and maintain your own life balance.

Make a **one-on-one appointment** for individualized support, guidance or advice.

Register for a **caregiver support group** held the 2nd Thursday of each month from 10:30 a.m. to noon.

612-804-0968
b.allard@seniorcommunity.org



CareNextion.org is a free, online tool and app that helps caregivers coordinate and connect with others to support their older adult loved one.

**Free Legal Aid
Monday, April 22
Appointments required**

Memory Café

The Memory Café is a safe and comfortable place where caregivers and their loved ones with memory loss can participate together. Join us with guest activity facilitators Wright County Extension Master Gardeners on April 24.

The meeting will be held at Crow River Senior Center from 1:30-2:30 p.m. Caregivers have the option to attend a concurrent caregiver support group. Please sign up if you plan to attend, 763-497-8900.

Books Sale at Monticello Library

***Tues.-Wed.-Thurs., April 9-10-11**

***Special hours for seniors, friends of the library Tues. afternoon**

***Watch for flyers**

Monticello Senior Center

505 Walnut Street, Suite 3

Monticello, MN 55362

Phone: 763-295-2000

Open Hours:

Monday-Friday, 8 a.m.- 4 p.m.

Saturday, 8 a.m. - Noon (office closed)

Sympathies to...

...the family and friends of Charlie Holthaus on their loss.