



# MONTI SENIOR NEWS

*“Reaching out  
and still growing”*

**MONTICELLO SENIOR CENTER DECEMBER 2021 NEWSLETTER**

## Senior Center Christmas Dinner

*We hope to see you at the center for a delicious Christmas dinner on Friday, December 17 at noon. This meal will be catered by the Cornerstone Café and includes ham, cheesy potatoes, green beans, dinner roll, and Christmas dessert. The cost is \$4 per person and you must sign up in advance. Because space is limited and we want as many people as possible to enjoy the celebration in-house, take-out meals cannot be ordered for the 17th.*

*The River City Ramblers choir will sing a number of Christmas songs during dinner that will surely put us all in the Christmas spirit. Maybe you will even win a prize!*

*Don't miss this fun and Festive event!*

## County Fair, A Minnesota Tradition

Enjoy photos and stories as Doug Ohman takes you back to the days when the county fair was the highlight of the summer. Doug has explored the origins of many traditions and entertainment we have all enjoyed.

Doug is a speaker, storyteller, and photographer. This free presentation will take place in the center on Thursday, December 16 at 10:30 a.m. Please register in advance.

## Christmas Band Concert

The Annandale Area Community Band will perform a Christmas concert at 7 p.m. on Wednesday, December 1. It will be held in the Monticello Community Center Mississippi Room and refreshments will be provided. Everyone is welcome.

*Please spread the word!*

## New Dinner Program Partner

Many thanks to American Legion Post 260 for agreeing to provide senior center meals on Wednesdays starting Dec. 1.






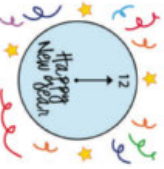
Russell's on the Lake is unable to continue providing meals and we thank them for the partnership they had with our center for the past 7 years.

*Christmas Cards for Sale*

*Only \$.10 each!*

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# DECEMBER ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<p><b>5</b></p> <p><b>6</b></p> <p>8:00 Ceramics 8-11 Pickleball 8:30 Casino Trip 9:00 Cribbage Tournament 12:30 Bridge 1:00 Movie Monday</p>	<p><b>6</b></p> <p>8:00 Ceramics 8-11 Pickleball 8:30 Casino Trip 9:00 Cribbage Tournament 12:30 Bridge 1:00 Movie Monday</p>	<p><b>7</b></p> <p>8-11 Pickleball 9:00 Tech Support 9:30 Foot Clinic 10-15 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot</p>	<p><b>8</b></p> <p>8:00 Ceramics 9:00 Team Pool Tourn. 9:30 Book Club 11:00 Bible Study 12:00 Dinner 1:00 500 Tournament 1:30 Caregiver Group</p>	<p><b>9</b></p> <p>8-11 Pickleball 10:00 Dinner Program Volunteer Meeting 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge</p>	<p><b>3</b></p> <p>8:00 Ceramics 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament</p>	<p><b>11</b></p> <p>8-11 a.m. Center Open</p>
<p><b>12</b></p>  <p><b>13</b></p> <p>8:00 Ceramics 8-11 Pickleball 9:00 Cribbage Tourney 12:30 Bridge Tournament 1:00 Movie Monday 4:00 Board Meeting</p>	<p><b>13</b></p> <p>8:00 Ceramics 8-11 Pickleball 9:00 Cribbage Tourney 12:30 Bridge Tournament 1:00 Movie Monday 4:00 Board Meeting</p>	<p><b>14</b></p> <p>8-11 Pickleball 9:00 Tech Support 10-15 Line Dancing 10:30 Choir 11:00 Blood Pressure 12:00 Dinner 1:00 Hand and Foot</p>	<p><b>15</b></p> <p>8:00 Ceramics 10:00 Decaf Coffee Party 11:00 Bible Study 12:00 Dinner 1:00 500</p>	<p><b>16</b></p> <p>8-11 Pickleball 9:00 Driver's Class 10:30 Caregiver 1:1 10:30 Bingo 10:30 <i>County Fair</i> Presentation 12:00 Dinner 1:00 Bridge</p>	<p><b>17</b></p> <p>8:00 Ceramics 10:00 Women's Pool 12:00 Christmas Dinner 1:00 Euchre Tournament</p>	<p><b>18</b></p> <p>8-11 a.m. Center Open</p>
<p><b>19</b></p> <p><b>20</b></p> <p>8:00 Ceramics 8-11 Pickleball 9:00 Cribbage Tournament 11:30 Lunch Bunch 12:30 Bridge 1:00 Movie Monday</p>	<p><b>20</b></p> <p>8:00 Ceramics 8-11 Pickleball 9:00 Cribbage Tournament 11:30 Lunch Bunch 12:30 Bridge 1:00 Movie Monday</p>	<p><b>21</b></p> <p>8-11 Pickleball 9:00 Tech Support 10-15 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot</p>	<p><b>22</b></p> <p>8:00 Ceramics 11:00 Bible Study 12:00 Dinner 1:00 500</p>	<p><b>23</b></p> <p>8-11 Pickleball 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge</p>	<p><b>24</b></p> <p>Senior Center Closed</p> 	<p><b>25</b></p> <p>Senior Center Closed</p> 
<p><b>26</b></p>  <p><b>27</b></p> <p>8:00 Ceramics 8-11 Pickleball 9:00 Cribbage Tourney 12:30 Legal Aid 12:30 Bridge Tournament 1:00 Movie Monday</p>	<p><b>27</b></p> <p>8:00 Ceramics 8-11 Pickleball 9:00 Cribbage Tourney 12:30 Legal Aid 12:30 Bridge Tournament 1:00 Movie Monday</p>	<p><b>28</b></p> <p>8-11 Pickleball 9:00 Tech Support 9:00 Foot Clinic 10-15 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot</p>	<p><b>29</b></p> <p>8:00 Ceramics 11:00 Bible Study 12:00 Dinner 1:00 500</p>	<p><b>30</b></p> <p>8-11 Pickleball 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge</p>	<p><b>31</b></p> <p>Senior Center Closed</p> 	

## Voluntary Membership Drive

Please consider participating in the Monticello Senior Center 2022 Voluntary Membership drive. The dues are \$15 for an individual and \$25 for a household per calendar year and are tax deductible. *Membership is not required to take part in senior center activities.* A Membership Form is included with this newsletter.

## Decaf Coffee Party

The senior center is in need of decaf coffee. Regular is not needed at this time. If you drop off a can on Wednesday, December 15 between 10 and 11 a.m. we will treat you to a tasty pastry. Donations of decaf coffee will be gladly accepted anytime.

## 2 Toenail Clipping Dates Scheduled

Wright County Public Health nurses will be at our center on December 7 and 28 to assist people age 60+ with toenail clipping. An additional day was added because of the high demand for this service in our area.

Appointments are required and can be made by calling Patty Larson at 763-682-7460.

There is a \$15 charge for this very beneficial service.

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## DECEMBER 2021 MENU

Tuesday Meals from Chin Yuen	Wednesday Meals from American Legion Post 260	Thursday Meals from VFW Post 8731	Friday Meals from Cornerstone Café
	<b>1</b>  Lasagna Dinner Roll	<b>2</b>  Meatloaf Mashed Potatoes Vegetable Dinner Roll	<b>3</b>  Spaghetti Meatballs Caesar Salad Dinner Roll
<b>7</b>  Sesame Chicken Egg Roll Fried Rice Fortune Cookie	<b>8</b>  Tater Tot Hotdish Dinner Roll	<b>9</b>  Spaghetti Breadstick	<b>10</b>  Chicken Wild Rice Hot Dish Vegetable Dinner Roll
<b>14</b>  Sweet & Sour Chicken Egg Roll Fried Rice Fortune Cookie	<b>15</b>  Beef Stroganoff Dinner Roll	<b>16</b>  Hot Beef Sandwich Mashed Potatoes Gravy Vegetable	<b>17</b>  <i>Christmas Dinner</i> Ham Cheesy Potatoes Green Beans/Dinner Roll Christmas Dessert
<b>21</b>  Beef with Broccoli Chicken Wings Fried Rice Fortune Cookie	<b>22</b>  Ham and Potatoes Au Gratin Green Beans Dinner Roll	<b>23</b>  Turkey Mashed Potatoes/Gravy Vegetable Dinner Roll	<b>24</b>  <b>Senior Center Closed</b>  
<b>28</b>  Teriyaki Chicken Egg Roll Fried Rice Fortune Cookie	<b>29</b>  Chicken Dumpling Soup Turkey Sandwich on Wheat	<b>30</b>  Meatloaf Mashed Potatoes Vegetable Dinner Roll	<b>31</b>  <b>Senior Center Closed</b>  <b>NEW YEAR'S EVE</b>

Many thanks to the following restaurants for providing the meals: Chin Yuen, American Legion Post 260, VFW Post 8731, and Cornerstone Café. Menu is subject to change. Dinners are served at noon to persons age 55+ and spouse regardless of age. The meal cost is \$4. Meal reservations must be made at least one business day in advance by noon. People must pay for all meals they order.

**MONTICELLO SENIOR CENTER • 505 WALNUT STREET, SUITE 3 | MONTICELLO, MN 55362**  
**(763) 295-2000 • HOURS: MONDAY–FRIDAY 8 AM-4 PM; SATURDAYS 8-11 AM**

## Help for Caregivers

Are you a caregiver who would like to converse with someone who understands? Help is available thru the senior center. Contact Becky Allard, LSW from Senior Community Services, 952-746-4028, [b.allard@seniorcommunity.org](mailto:b.allard@seniorcommunity.org)

Becky is available for one on one caregiver support appointments on Thursday mornings at the center. Please call her to set up a time. If Thursday mornings do not work for you, please contact Becky to explore other options.

**There will be no  
Memory Café in  
December.**

*The senior center will be  
closed on  
December 24, 25 & 31*

*Merry Christmas and  
Happy New Year!*

**Dollhouse Drawing  
December 15th  
Chances: \$1 each  
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## TRIPS

### Mystic Lake Casino

Ride the coach bus to Mystic Lake Casino on Monday, December 6. The bus departs the community center at 8:30 a.m. and returns at about 3:15 p.m. There is an \$18 charge and those going will receive \$15 on their casino card and a \$4 off food coupon.

### Treasure Island Casino

Ride the coach bus to Treasure Island Casino on Monday, January 3. The bus departs the community center at 8:30 a.m. and returns at about 3:45 p.m. There is an \$18 charge for the bus ride and those going will receive \$15 on their casino card and a \$3 off food coupon.

### Dining Volunteer Meeting

Dinner Program volunteers are asked to come to a meeting on Thursday, December 9 at 10 a.m. We will attend to some business and have a little holiday cheer!

## Book Club to Discuss 100th Book!

It's a milestone! The senior center Book Club will meet on Wednesday, December 8 at 9:30 a.m. to discuss the 100th book read since the group first met in 2013. That's a lot of books! Special thanks go to Mary Micke for expertly facilitating the Book Club since it's inception. Check it out—new members are always welcome.

## Tax-Aide Volunteers Needed

Volunteers are needed to help provide free tax assistance to low and moderate income persons. There are a variety of volunteer roles, including tax preparers, client facilitators, those who can provide technical and management assistance, and interpreters. Every level of experience is welcome. Volunteer tax preparers complete tax preparation training and IRS certification.

To learn about the volunteer opportunities, visit [aarpfoundation.org/taxaide](http://aarpfoundation.org/taxaide) or call 1-888-687-2277. AARP Foundation Tax-Aide is offered in coordination with the IRS.

**Tell your kids that senior center  
Dinner Program meal tickets  
make great Christmas gifts!**

## Driver Classes

People age 55+ completing a defensive driving class are eligible to receive a 10% auto insurance discount. The cost is \$25.

Four-hour refresher courses for those who have previously completed an eight-hour course will be held on December 16, January 6, February 17, and March 16 from 9 a.m. to 1 p.m. Call the center for more 2022 class dates.

Please either drop payment off (cash or check) or mail it to the center in advance. Checks are payable to the Monticello Senior Center. Class size is limited and people must register in advance.

## Dine Out with the Lunch Bunch

You can dine out with others at a local restaurant on the 3rd Monday of each month at 11:30 a.m. The destination December 20 is Pizza Ranch. Sign up if you plan to go so the group knows whom to expect.

## Card Tournaments...

All tournaments are open to people age 55+ and you must sign up to play in each at least one business day in advance. Cash prizes are awarded to the winners and all games have a \$2 entry fee.

*\*Euchre—Friday, Dec. 3, 10 & 17 @ 1 p.m.*

*\*Cribbage—Monday, Dec. 6, 13, 20 & 27 @ 9 a.m.*

*\*500—Wednesday, Dec. 8 @ 1 p.m.*

*\*Bridge—Monday, Dec. 13 & 27 @ 12:30 p.m.*

## Tech Support is Available

Need help with your smart-phone, tablet, computer or TV system?

Mary, a very tech-savvy volunteer comes to our center on Tuesday mornings to help people with technology issues. If you would like to meet with her, you can call to schedule an appointment and there is no charge. Be sure to bring your equipment with you to your appointment. Mary can also connect with you over the phone.

In home help is also available for a small fee.

**Free Legal Aid December 27.  
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## Caregiver Support Group

If you are caring for someone either close or from afar, be sure to check out the Caregiver Support Group that meets at the center on the 2<sup>nd</sup> Wednesday of each month (Dec. 8) from 1:30-3 p.m.

This group is facilitated by Licensed Social Worker Becky Allard, provides specialized support and education, and is intended for nonprofessional caregivers. Call the center at 763-295-2000 if you plan to attend.

## HOME Program

The senior center's HOME Program can assist older adults with maintenance and cleaning both indoors and out. Help is available on a sliding fee scale with housekeeping, minor repair services, painting, snow removal, etc. All staff take precautions to ensure safety.

These services are available for residents in Monticello and several surrounding communities. Contact Joe Kaul, HOME Program coordinator, at 763-416-7969 for more information.

*Please continue to wash your hands frequently and use hand sanitizer when in the senior center.*

*Keep in mind that barring any future mandates, people will not be required to wear masks in the center and they may not be vaccinated.*

## Blood Pressure Checks

\*Tuesday, Dec. 14, 11 a.m. to noon  
*Get Yours Checked!*

## Team Pool Tournament

- ♦ Monticello Senior Center
- ♦ Wednesday, Dec. 8, 9 a.m.
  - ♦ Sign up in advance
  - ♦ \$3 entry fee

## Sympathies to...

...the family of Mabel Liefert on their loss.

Please note that all senior center activities are subject to change without notice and any current and future COVID requirements will be followed

## Monticello Senior Center

505 Walnut Street, Suite 3

Monticello, MN 55362

Phone: 763-295-2000

Website:

[monticelloseniorcenter.org](http://monticelloseniorcenter.org)

Open Hours:

Monday-Friday, 8 a.m.- 4 p.m.

Saturdays, 8-11 a.m. (office closed)

Director:

Pam Loidolt