



MONTI SENIOR NEWS

*“Reaching out
and still growing”*

MONTICELLO SENIOR CENTER DECEMBER 2023 NEWSLETTER

Senior Center Christmas Dinner

We hope to see you at the center for a delicious Christmas dinner on Thursday, December 14 at noon. This meal will be catered by VFW Post 8731 and includes ham, garlic mashed potatoes, corn, dinner roll, and Christmas dessert. The cost is \$6 per person and you must sign up in advance. Because space is limited, take-out meals cannot be ordered for the 14th.

Musician Paul Imholte will perform a number of Christmas songs during dinner that will surely put us all in the Christmas spirit. Only sign up for dinner if you intend to stay for Paul's entire one-hour performance.

Annual Coffee Party

For a number of years, people have very generously donated cans of regular and decaf coffee to the senior center. This saves our center literally hundreds of dollars. Please bring a can of coffee (medium roast please) to the center on Wednesday, December 6 from 10-11 a.m. and stay for a donut and cup of steaming hot coffee. Decaf is preferred.

Our goal is to exceed 100 cans of coffee and donations of coffee made any time in December will be counted in the total. Thank you for supporting your senior center.

Scenic River Bluff Tour

The Mississippi River bluff country is one of the most beautiful areas of Minnesota. Enjoy road tripping, shopping, and eating as through pictures we explore with Minnesota historian, Doug Ohman, the scenic river towns that makes this area so special.

Doug will give this presentation on Monday, December 18 at 10:30 a.m. People are asked to sign up if they plan to attend.

Christmas Band Concert

The Annandale Area Community Band will perform a Christmas concert at 7 p.m. on Wednesday, December 6. It will be held in the Monticello Community Center Mississippi Room and refreshments will be provided. Everyone is welcome.

Please spread the word!

Play Christmas Bingo

The senior center is partnering with Willows Landing to sponsor a Christmas Bingo event at the community center for people age 55+ on Monday, December 11 starting at 1 p.m.

Prizes will be awarded to the game winners and there will be some tasty treats. There is no charge.

Please sign up in the senior center if you would like to attend.

DECEMBER 2023 ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
					1 8:00 Ceramics 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	2 8 a.m.-Noon Center Open
3	4 7-11 Pickleball 8:00 Ceramics 8:00 Casino Trip 9:00 Cribbage Tournament 1:00 Bridge 1:00 Movie Monday	5 7-11 Pickleball 8:30 Tech Support 9:00 Foot Clinic 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	6 8:00 Ceramics 9:00 Driver's Class 10:00 Bible Study 10:00 Coffee Party 12:00 Dinner 1:00 500 7:00 Christmas Band Concert	7 7-11 Pickleball 8:30 Mansion Trip 10:00 Dinner Program Volunteer Meeting 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge	8 8:00 Ceramics 8:30-11 Pickleball 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	9 8 a.m.-Noon Center Open
10 	11 7-11 Pickleball 8:00 Ceramics 9:00 Cribbage Tournament 1:00 Bridge Tournament 1:00 Christmas Bingo 4:00 Board Meeting	12 7-11 Pickleball 10:30 Line Dancing 10:30 Choir 11:00 Blood Pressure 12:00 Dinner 1:00 Hand and Foot	13 8:00 Ceramics 9:00 Team Pool Tournament 9:30 Book Club 10:00 Bible Study 12:00 Dinner 1:00 500 Tournament	14 7-11 Pickleball 10:30 Caregiver Support Group 10:30 Bingo 12:00 Christmas Dinner 1:00 Bridge	15 8:00 Ceramics 8:30-11 Pickleball 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	16 8 a.m.-Noon Center Open
17	18 7-11 Pickleball 8:00 Ceramics 9:00 Cribbage Tourn. 10:30 River Bluffs 12:30 Legal Aid 1:00 Bridge 1:00 Movie Monday 1:00 Hearing Screening	19 7-11 Pickleball 8:30 Tech Support 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	20 8:00 Ceramics 10:00 Bible Study 12:00 Dinner 1:00 500 1:30 Memory Café	21 7-9 Pickleball 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge 1:00 Christmas Choir and Pie	22 8:00 Ceramics 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	23 8 a.m.-Noon Center Open
24/31 	25 Senior Center Closed 	26 7-9 Pickleball 9:00 Foot Clinic 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	27 8:00 Ceramics 10:00 Bible Study 12:00 Dinner 1:00 500 Tournament	28 7-9 Pickleball 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge	29 8:00 Ceramics 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	30 8 a.m.-Noon Center Open

Tell your kids that senior center Dinner Program meal tickets make great **Christmas** gifts!

10-punch ticket for \$50
Single tickets \$5 each

2024 Voluntary Membership Drive Underway...

*\$15/person, \$25/household
*Membership is NOT required to participate in senior center activities

Christmas Music & Pie

Join us on Thursday, December 21 in the community center Mississippi Room for a fun Christmas event. The River City Ramblers senior choir will perform some Christmas songs at 1 p.m. and then you can enjoy delicious pie topped with ice cream. There is no charge and you are asked to sign up in advance.

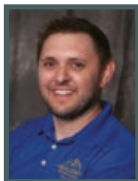
Dinner Program Volunteer Meeting

*Thursday, December 7, 10 a.m.
*All program volunteers invited

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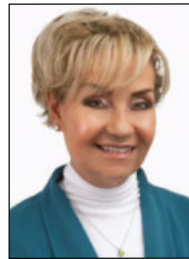
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DECEMBER 2023 MENU

Tuesday Meals from Chin Yuen	Wednesday Meals from American Legion Post 260	Thursday Meals from VFW Post 8731	Friday Meals from Cornerstone Café
			1 Chicken Alfredo Caesar Salad Dinner Roll
5 Teriyaki Chicken Egg Roll Fried Rice Fortune Cookie	6 Goulash Salad Dinner Roll	7 Turkey Mashed Potatoes Gravy Vegetable Dinner Roll	8 Spaghetti Caesar Salad Dinner Roll
12 Sesame Chicken Egg Roll Fried Rice Fortune Cookie	13 Chili Mac Cornbread Muffin	14 CHRISTMAS MEAL-\$6 Ham Garlic Mashed Potatoes Corn Dinner Roll Christmas Dessert	15 Tater Tot Hotdish Dinner Roll
19 Sweet & Sour Chicken Wontons Fried Rice Fortune Cookie	20 Scalloped Potatoes with Ham Salad Dinner Roll	21 Hot Beef Sandwich Mashed Potatoes Gravy Vegetable	22 Ranch Wrap Chips Pickle
26 Chicken Chow Mein Egg Roll Fried Rice Fortune Cookie	27 Tater Tot Hotdish Salad Dinner Roll	28 Lasagna Breadstick	29 Chicken Wild Rice Soup Garden Salad Dinner Roll

Many thanks to the following restaurants for providing the meals: Chin Yuen, American Legion Post 260, VFW Post 8731, and Cornerstone Café. Menu is subject to change. Dinners are served at noon to persons age 55+ and spouse regardless of age. The meal cost is \$5. Meal reservations must be made at least one business day in advance by noon. People must pay for all meals they order.

MONTICELLO SENIOR CENTER • 505 WALNUT STREET, SUITE 3 | MONTICELLO, MN 55362
(763) 295-2000 • HOURS: MONDAY–FRIDAY 8 AM-4 PM; SATURDAYS 8-NOON

Christmas Cards for Sale
Only \$.10 each!
Large selection to choose from

Card Tournaments...

Senior center card tournaments are open to people age 55+. All games have a \$2 entry fee and prize money is paid to the tournament winners.

Advanced sign up for all tournaments is not required. See calendar for schedule.

The senior center will be closed on
Monday, December 25
Merry Christmas!

Book Club Meets Monthly

The senior center Book Club meets on Wednesday, December 13 at 9:30 a.m.

They will be discussing the book, *Anxious People* by Fredrik Backman. You can also pick up the next book the group will be reading. If you enjoy reading, check out the Book Club.

Team Pool Tournament

- ◆ Monticello Senior Center
- ◆ Wednesday, December 13, 9 a.m.
- ◆ Sign up in advance, \$4 fee

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***Advance registration and payment is required for all trips.
*Refunds will not be given after the registration deadline unless your spot can be filled.**

Treasure Island Casino

You can ride the coach bus to Treasure Island Casino on Monday, December 4. The bus will depart the Monticello Community Center at 8:00 a.m. and return at approximately 3:15 p.m. There is a \$20 charge and those going will receive \$15 on their casino card and \$5 off food.

Le Duc Mansion

The December 7 trip to the Le Duc Mansion in Hastings may be full and you can add your name to the waiting list.

The trip cost is \$82 and includes coach transportation, tour, lunch, and wine tasting at the Alexis Bailly Vineyard. The bus will depart the community center at 8:30 a.m. and return at about 3:45 p.m.

Overnight Casino Trip

You can ride the coach bus to Jackpot Junction Casino on Wednesday, January 17. The bus will depart the Monticello Community Center at 8 a.m. on January 17 and return at approximately 3:45 p.m. on January 18.

The cost is \$99 per person double occupancy and \$121 single. In addition to your hotel room, you will receive \$50 in slot play and two \$5 off food coupons.

Winter Dance Party

The January 25 trip to the Paramount Theater to see, "Winter Dance Party" may be full and you can add your name to the waiting list. The trip cost is \$78 and includes coach transportation, show, and lunch. The bus will depart the community center at 10:30 a.m. and return at about 4:15 p.m.

The Jason Show

Arrive at Fox 9 KMSP Broadcast Center in Eden Prairie on Tuesday, February 27 and be a part of the LIVE Studio Audience of The Jason Show. After the show, Jason is usually available for a group photo or to answer questions, but this is not always guaranteed. After the show have lunch at the Scoreboard in Minnetonka where you will be served the Special of the Day with a beverage. The last stop will be to The Pavak Broadcast Museum for a self-guided tour. Visitors can play the original 1929 RCA Theremin, tune an early 1920's radio or for a nickel, play a record on one of Wurlitzer's first jukeboxes.

Please note: There are limited restrooms available to the public at the Jason Show. A valid ID is needed at check in to the Jason Show and everyone must go through a Security Screening. Consider wearing solid bright colors as those photograph the best. The studio is usually kept cooler so dress accordingly. The cost is \$85. The bus will depart the community center at 7:30 a.m. and return at about 4:15 p.m.

Toenail Clipping

Wright County Public Health nurses will be at our center on Tuesdays, December 5 & 26 to assist current clients age 60+ with toenail clipping.

Appointments are required and can be made by calling Patty Larson at 763-682-7460. There is a \$20 charge for this service. Please note that new clients cannot be accepted at this time.

Driver Classes

People age 55+ completing a defensive driving class are eligible to receive a 10% auto insurance discount. The cost is \$25.

Four-hour refresher courses for those who have previously completed an eight-hour course will be held on December 6, January 24 and February 22 from 9 a.m. to 1 p.m. Call for more class dates.

Drop off or mail payment (cash or check) to the center in advance. Checks are payable to the Monticello Senior Center. Class size is limited and people must register in advance. Please note that refunds will not be given for no-shows.



Technology Support

Need help with your smartphone, tablet, laptop or other device? Schedule a **free** appointment with a digital handyperson who can help you:

- Virtually connect via Zoom or Facetime
- Find and use helpful device features
- Manage online security and safety
- Troubleshoot device settings or errors



Appointments are available the first and third Tuesdays each month.

Call the center to schedule.

A service provided as part of the HOME program and funded, in part, by Hennepin, Sherburne & Wright Counties. There is no fee for this service.

Last updated 05.2023

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The **HOME program** offers a variety of services including personal technology assistance, handyman services, home safety checks, housekeeping and lawn care/snow removal.

To learn more, call 763-416-7969 or email hometeam@seniorcommunity.org.



If you're helping an older adult in your life, you are a **caregiver**. Licensed social worker **Becky Allard, LSW**, can help you get the support you need to sustain your ability to provide help and maintain your own life balance.

Make a **one-on-one appointment** for individualized support, guidance or advice.

Register for a **caregiver support group** held the 2nd Thursday of each month from 10:30 a.m. to noon.

612-804-0968
b.allard@seniorcommunity.org



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www.seniorcommunity.org
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952-541-1019

Blood Pressure Checks

***Tuesday, Dec. 12, 11 a.m. to noon**

***Everybody welcome!**

Memory Café

The Memory Café is a safe and comfortable place where caregivers and their loved ones with memory loss can participate together in a creative activity while socializing with others. The café experience is free, and all the supplies are provided for you.

The December 20 meeting will be held at the Crow River Senior Center in St. Michael from 1:30-2:30 p.m. Caregivers have the option to attend a concurrent caregiver support group. Please sign up if you plan to attend, 763-497-8900.

Free Legal Aid

Monday, December 18

Appointments required

Monticello Senior Center

505 Walnut Street, Suite 3

Monticello, MN 55362

Phone: 763-295-2000

Website:

monticelloseniorcenter.org

Open Hours:

Monday-Friday, 8 a.m.- 4 p.m.

Saturday, 8 a.m. - Noon (office closed)

Director:

Pam Loidolt