



# MONTI SENIOR NEWS

*“Reaching out  
and still growing”*

**MONTICELLO SENIOR CENTER FEBRUARY 2025 NEWSLETTER**

## **Valentine Dinner & Party**

Sign up in advance and join us for our Valentine’s Day celebration on Friday, February 14. Dinner will be served at noon and features goulash, salad, dinner roll, and dessert (dessert provided by Willows Landing). The cost is \$6 per person. Maybe you will win one of the prizes!

As an added treat, a local husband and wife duo will provide musical entertainment during dinner. This program is made possible through a GRRL Legacy Grant.

*Sign up for this dinner only if you intend to stay for the entire 1 hour performance.*

Because this is a holiday meal, take out dinners cannot be ordered.

## **MCC 25th Anniversary**

The Monticello Community Center opened in February 2000 and that is when the senior center moved to this location. Join us on Saturday, February 8 as we celebrate 25 years of success and growth in this amazing facility! MCC will sponsor events throughout the day.

We will be offering tasty treats to people of all ages on the 8th from 9 a.m. to noon in the senior center and we need your help. Please contact us if you are willing to bake and donate bars or cookies for this community event. Everyone stopping in the center can register to win a \$50 gift card.

## **Let’s Talk Travel**

Staff from Landmark Tours will be at our center at 10 a.m. on Wednesday, February 26 to talk about a number of extended tours they have scheduled.

A local, family-owned tour operator, Landmark’s inclusive packages feature round-trip airfare, quality accommodations, enjoyable meal experiences, admission to all itinerary attractions, and more. You do not have to sign up in advance to attend this session.

## **Vanishing Landmarks**

Explore back roads and small towns, while hearing stories of Minnesota’s historic buildings that are quickly disappearing. Historian Doug Ohman will share his experiences visiting many of these sites from Minnesota’s oldest courthouse to the last Civil War recruiting station.

Doug will present this very interesting program at the center on Monday, February 24 at 10:30 a.m. People are asked to sign up if they plan to attend.

## **INCLEMENT WEATHER POLICY**

**IF THE MONTICELLO SCHOOLS ARE CLOSED OR HAVE EARLY RELEASE DUE TO WEATHER CONDITIONS, THEN THE SENIOR CENTER WILL AS WELL. CHECK LOCAL NEWS AND RADIO CHANNELS FOR SCHOOL CLOSINGS. LATE SCHOOL STARTS WILL NOT IMPACT THE SENIOR CENTER.**

## FEBRUARY 2025 ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						<b>1</b> 8 a.m.-Noon Center Open	
	<b>2</b> 7-11 Pickleball 8:00 Casino Trip 9:00 Cribbage Tournament 9:00 Tax Assistance 1:00 Bridge 1:00 Movie Monday	<b>3</b> 7-11 Pickleball 8:30 TECH Support 9:00 Tax Assistance 10:30 Line Dancing 12:00 Dinner 1:00 Hand and Foot	<b>4</b> 7-11 Pickleball 8:30 TECH Support 9:00 Tax Assistance 10:30 Line Dancing 12:00 Dinner 1:00 Hand and Foot	<b>5</b> 8:00 Ceramics 10:00 Bible Study 12:00 Dinner 1:00 500	<b>6</b> 7-11 Pickleball 9:00 Tax Assistance 10:30 Caregiver 1:1 10:30 Bingo 10:30 <i>All Shook Up</i> Trip 12:00 Dinner 1:00 Bridge	<b>7</b> 8:30-11 Pickleball 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	<b>8</b> 8 a.m.-Noon Center Open MCC 25th Anniversary
	<b>9</b> 9:00 Cribbage Tournament 9:00 Tax Assistance 1:00 Movie Monday 1:00 Bridge 4:00 Board Meeting	<b>10</b> 7-11 Pickleball 9:00 Cribbage Tournament 9:00 Tax Assistance 1:00 Movie Monday 1:00 Bridge 4:00 Board Meeting	<b>11</b> 7-11 Pickleball 8:30 TECH Support 9:00 Tax Assistance 10:30 Line Dancing 12:00 Dinner 12:30 Handiwork Group 1:00 Hand and Foot	<b>12</b> 8:00 Ceramics 9:00 Team Pool Tournament 9:30 Book Club 1 10:00 Bible Study 12:00 Dinner 1:00 500 Tournament	<b>13</b> 7-11 Pickleball 9:00 Tax Assistance 10:30 Caregiver Group 10:30 Bingo 12:00 Dinner 12:30-3:30 Mending 1:00 Bridge	<b>14</b> 8:30-11 Pickleball 10:00 Women's Pool 12:00 Valentine's Dinner 1:00 Euchre Tournament	<b>15</b> 8 a.m.-Noon Center Open
	<b>16</b> Senior Center Closed 	<b>17</b> 7-11 Pickleball 8:30 TECH Support 9:00 Tax Assistance 10:30 L. Dance/Choir 11:00 Blood Pressure 12:00 Dinner 1:00 Hand and Foot	<b>18</b> 7-11 Pickleball 8:30 TECH Support 9:00 Tax Assistance 10:30 L. Dance/Choir 11:00 Blood Pressure 12:00 Dinner 1:00 Hand and Foot	<b>19</b> 8:00 Ceramics 9:00 Drivers Class 10:00 Bible Study 12:00 Dinner 1:00 500 1:30 Memory Café	<b>20</b> 7-11 Pickleball 9:00 Tax Assistance 9:30 Book Club 2 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge	<b>21</b> 8:30-11 Pickleball 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	<b>22</b> 8 a.m.-Noon Center Open
	<b>23</b> 7-11 Pickleball 9:00 Cribbage Tournament 9:00 Tax Assistance 10:30 Vanishing Landmarks 12:30 Legal Aid 1:00 Bridge	<b>24</b> 7-11 Pickleball 9:00 Cribbage Tournament 9:00 Tax Assistance 10:30 Vanishing Landmarks 12:30 Legal Aid 1:00 Bridge	<b>25</b> 7-11 Pickleball 8:30 TECH Support 9:00 Tax Assistance 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	<b>26</b> 8:00 Ceramics 9:00 Driver's Class 10:00 Bible Study 10:00 Travel Show 12:00 Dinner 1:00 500	<b>27</b> 7-11 Pickleball 9:00 Tax Assistance 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge	<b>28</b> 8:30-11 Pickleball 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	

## Book Club News

### Book Club 1 News

Current members of Book Club 1 will meet at the center on Wednesday, February 12 from 9:30-11 a.m. Group members will be discussing, *Breakfast With Buddha* by Roland Merullo and *The Blind Assassin* by Margaret Atwood. They will also pick up the new book the group will be reading. Please note that this group is closed to new members. See article on the right for a new participation option.

### Handiwork Group

Bring your sewing, embroidery, crocheting, etc. project to the center on Tuesday, February 11 at 12:30 p.m. to socialize with others. There is no instructor, just people with projects.

### Join the New Book Club

Monticello Senior Center Book Club 2 will meet on Thursday, February 20 from 9:30-10:30 a.m. The group is facilitated by a retired English teacher. We use book kits from the Monticello branch of the Great River Regional Library. You do not need to sign up, just show up. Pick up your copy of the book at the meeting and return it the next session. Group members will be discussing, *Hour of the Witch* by Chris Bohjalian on the 20th.

Each month, we'll talk about the book in an informal, casual discussion. You can participate, sit back and listen, or do both.

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## FEBRUARY 2025 MENU

Tuesday Meals from Chin Yuen	Wednesday Meals from American Legion Post 260	Thursday Meals from VFW Post 8731	Friday Meals from Cornerstone Café
<b>4</b> Teriyaki Chicken Egg Roll Fried Rice Fortune Cookie	<b>5</b> 1/2 Chicken Bacon Ranch Wrap Fruit Cup Chips	<b>6</b> Turkey Mashed Potatoes Gravy Vegetable Dinner Roll	<b>7</b> Meatloaf Potato Vegetable Dinner Roll
<b>11</b> Sweet & Sour Chicken Wontons Fried Rice Fortune Cookie	<b>12</b> Chicken Alfredo Salad Breadstick	<b>13</b> Meatloaf Mashed Potatoes Gravy Vegetable Dinner Roll	<b>14 VALENTINE PARTY-\$6</b> Goulash Salad Dinner Roll Valentine Dessert
<b>18</b> Chicken Chow Mein Egg Roll Fried Rice Fortune Cookie	<b>19</b> Cheeseburger Onion Rings Pickle Spear	<b>20</b> Hot Beef Sandwich Mashed Potatoes Gravy Vegetable	<b>21</b> Lasagna Salad Dinner Roll
<b>25</b> Sesame Chicken Wontons Fried Rice Fortune Cookie	<b>26</b> Cheesy Scalloped Potatoes & Ham Dinner Roll	<b>27</b> Lasagna Breadstick	<b>28</b> Chicken Enchilada Beans Rice

Many thanks to the following restaurants for providing the meals: Chin Yuen, American Legion Post 260, VFW Post 8731, and Cornerstone Café. Menu is subject to change. Dinners are served at noon to persons age 55+ and spouse regardless of age. The meal cost is \$5. Meal reservations must be made at least one business day in advance by noon. People must pay for all meals they order.

**MONTICELLO SENIOR CENTER • 505 WALNUT STREET, SUITE 3 | MONTICELLO, MN 55362**  
**(763) 295-2000 • HOURS: MONDAY–FRIDAY 8 AM-4 PM; SATURDAYS 8 AM-NOON**

## Need Mending Done?

Ladies of the Monticello American Sewing Guild are offering a free Clothing Fix-It Clinic for seniors on Thursday, February 13 from 12:30-3:30 p.m.

Bring in your clothing for simple repairs and alterations while you wait. Examples of on-site fixes they can make include: replace buttons, replace zipper slides (if they have replacement parts), simple hems, patch small holes/tears.

Contact the senior center for a 30-minute time slot. PLEASE make sure your clothing is cleaned before bringing it in.

## Tax Assistance Begins This Month

Low to moderate-income people of all ages can get their taxes prepared at the center free of charge on Mondays, Tuesdays, and Thursdays from February 3 thru April 10. Appointments are required.

Be sure to bring with you to your appointment a copy of your last return, picture ID, Social Security card, W2's, 1099's, SSA-1099 forms and other income and/or tax documents for 2024 and rent receipts (CRP) for 2024 or property tax statements for 2024 and 2025.

*Be sure to organize your information before your appointment.*

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**\*Advance registration and payment is required for all trips.  
\*Refunds will not be given after the registration deadline unless your spot can be filled.**

**Treasure Island Casino**

We are sharing a coach bus to Treasure Island Casino on Monday, February 3 with participants from the Crow River Senior Center. The bus will depart the Monticello Community Center at 8 a.m. and return at approximately 4 p.m. The charge is \$25 and those going will receive \$15 on their card and \$5 off food.

**All Shook Up**

This February 6 trip to the Paramount Theater featuring the music of Elvis Presley called “All Shook Up” is full and you can add your name to the waiting list. The cost is \$90. The bus departs the community center at 10:30 a.m. and returns at about 4:15 p.m.

**Treasure Island Casino**

We will be sharing a coach bus to Treasure Island Casino on Monday, March 3 with participants from the Rogers Senior Center. The bus will depart the Monticello Community Center at 8 a.m. and return at approximately 4 p.m. The charge is \$25 and those going will receive \$15 on their card and \$5 off food.

**On The Road Again**

“On The Road Again” returns to Sidekick Theatre with another memorable concert filled with your favorite country music from decades past and you can be part of that on Thursday, March 20.

Get ready for some fantastic fiddling and even more lush harmonies! Featuring the music of Hank Williams, Patsy Cline, Johnny Cash, Willie Nelson, and Waylon Jennings. This is one Sidekick concert you won’t want to miss! Enjoy lunch prior to the concert featuring BBQ chicken breast, beer cheese mac, southern style green beans, homemade coleslaw, buttermilk biscuits, assorted desserts, coffee, and tea.

The cost is \$82. The bus departs the community center at 9:45 a.m. and returns at about 4:30 p.m.

**Art In Bloom**

Share a coach bus on Thursday, April 24 to the Minneapolis Institute of Art to see “Art In Bloom.” This event showcases imaginative floral interpretations of selected works of art from MIA’s permanent collection, created by more than 100 commercial florists and individual artists. Guests are invited to experience the floral fragrance throughout the museum. Browse floral inspired merchandise in the Art In Bloom Pop-Up Shop. This is a self-guided experience throughout the campus. There is also a gift shop and Café. You will have time to explore the permanent exhibits which has grown from 800 works of art to more than 89,000 objects.

After exploring the museum you board the bus and have lunch at the Hen House Eatery in Minneapolis. You will be served a cup of soup that is made from scratch daily, a chicken salad sandwich, cookie, and non-alcoholic beverage.

The cost is \$73. The bus departs the community center at 8:45 a.m. and returns at 3:30 p.m.

**Voluntary Membership Drive**

**Please consider participating in the Monticello Senior Center 2025 Voluntary Membership drive. The dues are \$15 for an individual and \$25 for a household per calendar year and are tax deductible. A Membership Form is included with this newsletter.**

**Please note: *Membership is not required to take part in senior center activities.***

**Team Pool Tournament**

- ♦ Monticello Senior Center
- ♦ Wednesday, February 12, 9 a.m.
- ♦ Sign up in advance, \$4 fee

*The senior center will be closed  
February 17 in observance of  
President’s Day*

## Driver Classes

People age 55+ completing a defensive driving class can receive a 10% auto insurance discount. The class needs to be repeated every three years to continue the discount. Class cost is \$25.

All participants take a four-hour class and they are scheduled on February 26, March 26, and April 16 from 9 a.m. to 1 p.m. Call for more class dates.

Drop off or mail payment, cash or check, to the center in advance. Refunds will not be given for no-shows.



Please like the Monticello Senior Center on Facebook



## One on One Technology Support

Bring your personal device (laptop, tablet, or smartphone) and connect with an experienced digital handyperson who can help you:

- Adjust settings for basic use, communication, online safety, and security
- Personalize your device for your needs and interests
- Find and use functions, services, and apps that will be most helpful to you

Call the center to schedule your **free** appointment.

A service provided as part of the HOME program and funded, in part, by Hennepin and Wright Counties, and the Minnesota Department of Human Services.

Last updated 12.2023

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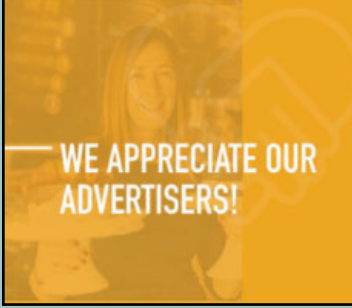
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If you're helping an older adult in your life, you are a **caregiver**. Licensed social worker **Becky Allard, LSW**, can help you get the support you need to sustain your ability to provide help and maintain your own life balance.

Make a **one-on-one appointment** for individualized support, guidance or advice.

Register for a **caregiver support group** held the 2nd Thursday of each month from 10:30 a.m. to noon.

*Cost-share contribution suggested.*

612-804-0968

[b.allard@seniorcommunity.org](mailto:b.allard@seniorcommunity.org)



Try **CareNextion.org**, a free, secure, award-winning online platform (and mobile app) designed to streamline task coordination, communication, and connection among family members and friends helping to care for a loved one.

## Memory Café

*The Memory Café is a place where caregivers and their loved ones with memory loss can participate together. All supplies are provided for you.*

*The meeting will be held on Wednesday, February 19 at the Monticello Senior Center from 1:30-2:30 p.m. Caregivers have the option to attend a concurrent caregiver support group. Call 763-295-2000 if you plan to attend.*

## Blood Pressure Checks

**\*Tuesday, February 18, 11 a.m. to noon**

**\*Everybody welcome!**

**Free Legal Aid—Monday, February 24**  
**Appointments required**

## Senior Fitness Open House

**\*Friday, February 21, 1-2 p.m.**

**\*You may qualify for a free MCC membership.**

**\*Get information, take a tour, and learn about all 13 weekly exercise classes!**

**\*Sign up at the MCC Guest Services Counter**

## Monticello Senior Center

505 Walnut Street, Suite 3

Monticello, MN 55362

Phone: 763-295-2000

Website:

[monticelloseniorcenter.org](http://monticelloseniorcenter.org)

Open Hours:

Monday-Friday, 8 a.m. - 4 p.m.

Saturday, 8 a.m. - Noon (office closed)

Director:

**Pam Loidolt**