



MONTI SENIOR NEWS

“Reaching out
and still growing”


MONTICELLO SENIOR CENTER JANUARY 2025 NEWSLETTER

Voluntary Membership Drive in Full Swing

The Monticello Senior Center has a Voluntary Membership. The dues are \$15 for an individual and \$25 for a household per calendar year. The senior center is a 501(c)(3) organization and all donations are tax deductible. *Membership is not required to participate in senior center events.*

A 2025 Membership Form is included with this newsletter. Please consider taking out a Voluntary Membership and support your senior center. A number of people have already paid their 2025 dues and we thank them.

January 27 is National Chocolate Cake Day



You are invited to sign up in advance to celebrate National Chocolate Cake Day at the senior center on Monday, January 27! We will start with bingo games at 1 p.m. (the prizes will be everything chocolate!).

After the bingo games, you can enjoy some delicious chocolate cake served with ice cream or whipped topping. There is no charge for this event.



Come to the Pizza Party!

January 12-18 is National Pizza Week and we intend to celebrate this occasion at the senior center!


People age 55+ can join us for a Pizza Party on Monday, January 13. The event will take place in the community center Mississippi Room at noon.

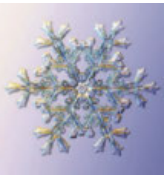
There will be a variety of pizzas on hand and of course dessert pizza is a tasty way to conclude the meal. The cost is \$5 per person and you do need to sign up in advance.

INCLEMENT WEATHER POLICY:

IF THE MONTICELLO SCHOOLS ARE CLOSED OR HAVE EARLY RELEASE, THEN THE SENIOR CENTER WILL AS WELL. CHECK LOCAL NEWS AND RADIO CHANNELS FOR SCHOOL CLOSINGS. LATE SCHOOL STARTS WILL NOT IMPACT THE SENIOR CENTER.

JANUARY 2025 ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
5	6 7-11 Pickleball 8:00 Casino Trip 9:00 Cribbage Tournament 10:00 Ceramics Class 1:00 Bridge 1:00 Movie Monday	7 7-11 Pickleball 8:30 Tech Support 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	8 8:00 Ceramics 9:00 Team Pool Tournament 9:30 Book Club 1 10:00 Bible Study 12:00 Dinner 1:00 500 Tournament	9 7-11 Pickleball 10:30 Caregiver Support Group 10:30 Bingo 12:00 Dinner 1:00 Bridge	10 8:30-11 Pickleball 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	11 8 a.m.-Noon Center Open
12	13 7-11 Pickleball 9:00 Cribbage Tournament 10:00 Ceramics Class 12:00 Pizza Party 1:00 Movie Monday 1:00 Bridge 4:00 Board Meeting	14 7-11 Pickleball 10:30 Line Dancing 10:30 Choir 11:00 Blood Pressure 12:00 Dinner 12:30 Handiwork Group 1:00 Hand and Foot	15 8:00 Ceramics 10:00 Bible Study 12:00 Dinner 1:00 500 1:30 Memory Café	16 7-11 Pickleball 9:30 Book Club 2 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge	17 8:30-11 Pickleball 10:00 Women's Pool 10:00 Potato Print Class 12:00 Dinner 1:00 Euchre Tournament	18 8 a.m.-Noon Center Open
19	20 Senior Center Closed	21 7-11 Pickleball 8:30 Tech Support 10:00 Ceramics Class 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	22 8:00 Ceramics 9:00 Drivers Class 10:00 Bible Study 12:00 Dinner 1:00 500	23 7-11 Pickleball 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge	24 8:30-11 Pickleball 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	25 8 a.m.-Noon Center Open
26	27 7-11 Pickleball 9:00 Cribbage Tournament 12:30 Legal Aid 1:00 Bridge 1:00 Chocolate Cake and Bingo Party	28 7-11 Pickleball 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	29 8:00 Ceramics 10:00 Bible Study 10:00 Photography Class 12:00 Dinner 1:00 500	30 7-11 Pickleball 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge	31 8:30-11 Pickleball 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	



Book Club News

Another Group, Another Time. Here's What You Need to Know:

Existing Book Club Closed to New Members

The Monticello Senior Center Book Club (we will call it Book Club 1) that began 10 years ago is quite popular and that popularity is causing it to become too large. The decision has been made to close it to new members. But never fear! Read the article to the right for exciting news.

Book Club 1 will meet on Wednesday, January 8 at 9:30 a.m. Group members will be discussing *When All Is Said* by Anne Griffin. They will also pick up the new book the group will be reading.

New Book Club Forming

Monticello Senior Center Book Club 2 will meet on the third Thursday of the month from 9:30-10:30 a.m. The group is facilitated by a retired English teacher. We use book kits from the Monticello branch of the Great River Regional Library. You do not need to sign up, just show up. Pick up your copy of the book at the meeting and return it the next session.

Each month, we'll talk about the book in an informal, casual discussion. You can participate, sit back and listen, or do both. We read mostly fiction. Join us for our first meeting on January 16.

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JANUARY 2025 MENU

Tuesday Meals from Chin Yuen	Wednesday Meals from American Legion Post 260	Thursday Meals from VFW Post 8731	Friday Meals from Cornerstone Café
	1 	2 Lasagna Breadstick	3 Open-Faced Hot Beef Sandwich Potato Vegetable
7 Teriyaki Chicken Egg Roll Fried Rice Fortune Cookie	8 Cheesy Scalloped Potatoes with Ham Salad Dinner Roll	9 Turkey Mashed Potatoes Gravy Vegetable Dinner Roll	10 Meatloaf Potato Vegetable Dinner Roll
14 Sweet & Sour Chicken Wontons Fried Rice Fortune Cookie	15 Fish Filet Sandwich Fries	16 Meatloaf Mashed Potatoes Gravy Vegetable Dinner Roll	17 Shepards Pie Salad Dinner Roll
21 Chicken Chow Mein Egg Roll Fried Rice Fortune Cookie	22 Turkey and Gravy over Potatoes, and Bread Corn	23 Hot Beef Sandwich Mashed Potatoes Gravy Vegetable	24 Lasagna Salad Dinner Roll
28 Sesame Chicken Wontons Fried Rice Fortune Cookie	29 Meatloaf Mashed Potatoes Corn Dinner Roll	30 Lasagna Breadstick	31 Bowl Chicken Wild Rice Soup Dinner Roll Special K Bar

Many thanks to the following restaurants for providing the meals: Chin Yuen, American Legion Post 260, VFW Post 8731, and Cornerstone Café. Menu is subject to change. Dinners are served at noon to persons age 55+ and spouse regardless of age. The meal cost is \$5. Meal reservations must be made at least one business day in advance by noon. People must pay for all meals they order.

**MONTICELLO SENIOR CENTER • 505 WALNUT STREET, SUITE 3 | MONTICELLO, MN 55362
(763) 295-2000 • HOURS: MONDAY–FRIDAY 8 AM-4 PM; SATURDAYS 8 AM-NOON**

Treasure Island Casino

We will be sharing a coach bus to Treasure Island Casino on Monday, January 6 with participants from the Rogers Senior Center. The bus will depart the Monticello Community Center at 8 a.m. and return at approximately 4 p.m. The charge is \$25 and those going will receive \$15 on their card and \$5 off food.

Treasure Island Casino

We are sharing a coach bus to Treasure Island Casino on Monday, February 3 with participants from the Crow River Senior Center. The bus will depart the Monticello Community Center at 8 a.m. and return at approximately 4 p.m. The charge is \$25 and those going will receive \$15 on their card and \$5 off food.

All Shook Up

This February 6 trip to the Paramount Theater featuring the music of Elvis Presley called "All Shook Up" is full and you can add your name to the waiting list. The cost is \$90. The bus departs the community center at 10:30 a.m. and returns at about 4:15 p.m.

On The Road Again

"On The Road Again" returns to Sidekick Theatre with another memorable concert filled with your favorite country music from decades past and you can be part of that on Thursday, March 20.

Get ready for some fantastic fiddling and even more lush harmonies! Featuring the music of Hank Williams, Patsy Cline, Johnny Cash, Willie Nelson, and Waylon Jennings. This is one Sidekick concert you won't want to miss! Enjoy lunch prior to the concert featuring BBQ chicken breast, beer cheese mac, southern style green beans, homemade coleslaw, buttermilk biscuits, assorted desserts, coffee, and tea.

The cost is \$82. The bus departs the community center at 9:45 a.m. and returns at about 4:30 p.m.



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CONTACT ME
Ben Allrich

ballrich@lpicommunities.com

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FREE Art Classes

The two classes listed on the left are made possible by the voters of Minnesota through a grant from the Minnesota State Arts Board, thanks to a legislative appropriation from the arts and cultural heritage fund.

Potato Print

Learn the technique of printing with a fresh potato. You will have a variety of ink colors to choose from and will walk away with a unique piece of fabric art when you are finished with your project.

This free class is for people age 55+ and will be held on Friday, January 17 from 10 a.m. to noon. All supplies will be provided. Sign up in the senior center. Class size is limited to 10 people.

Photography Class

Learn how to take better photos with most any camera, including cell phones. Local photographer Chris Lommel will share tips and techniques to help you:

- ◆ Take better photos of your family and friends
- ◆ Understand the basics of landscape and nature photography
- ◆ Learn basic technical operations of your camera
- ◆ Identify elements of composition to improve your photos

This free class is for people age 55+ and will be held on Wednesday, January 29 from 10 a.m. to noon. Sign up in the senior center. Class size is limited to 20 people.

Tax Assistance Begins in February

Low to moderate-income people of all ages can get their taxes prepared at the center free of charge on Mondays, Tuesdays, and Thursdays from February 3 thru April 10. Appointments are required and can be made starting January 2.

Be sure to bring with you to your appointment a copy of your last return, picture ID, Social Security card, W2's, 1099's, SSA-1099 forms and other income and/or tax documents for 2024 and rent receipts (CRP) for 2024 or property tax statements for 2024 and 2025.

Be sure to organize your information before your appointment.

The senior center will be closed on
January 1 & 20

Team Pool Tournament

- ◆ Elk River Senior Activity Center
- ◆ Wednesday, January 8, 9 a.m.
- ◆ Sign up in advance, \$4 fee

TASTY MEALS SERVED TUESDAY-FRIDAY
CHECK OUT THE MENU PAGE
DELICIOUS!!!!

Driver Classes

People age 55+ completing a defensive driving class can receive a 10% auto insurance discount. The class needs to be repeated every three years to continue the discount. Class cost is \$25.

All participants take a four-hour class and they are scheduled on January 22, February 26, and March 26 from 9 a.m. to 1 p.m. Call for more class dates.

Drop off or mail payment, cash or check, to the center in advance. Refunds will not be given for no-shows.



Please like the Monticello Senior Center on Facebook



One on One Technology Support

Bring your personal device (laptop, tablet, or smartphone) and connect with an experienced digital handyperson who can help you:

- Adjust settings for basic use, communication, online safety, and security
- Personalize your device for your needs and interests
- Find and use functions, services, and apps that will be most helpful to you

Call the center to schedule your **free** appointment.

A service provided as part of the HOME program and funded, in part, by Hennepin and Wright Counties, and the Minnesota Department of Human Services.

Last updated 12.2023

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If you're helping an older adult in your life, you are a **caregiver**. Licensed social worker **Becky Allard, LSW**, can help you get the support you need to sustain your ability to provide help and maintain your own life balance.

Make a **one-on-one appointment** for individualized support, guidance or advice.

Register for a **caregiver support group** held the 2nd Thursday of each month from 10:30 a.m. to noon.

Cost-share contribution suggested.

612-804-0968

b.allard@seniorcommunity.org



Try **CareNextion.org**, a free, secure, award-winning online platform (and mobile app) designed to streamline task coordination, communication, and connection among family members and friends helping to care for a loved one.

Memory Café

The Memory Café is a place where caregivers and their loved ones with memory loss can participate together. All supplies are provided for you.

The meeting will be held on Wednesday, January 15 at the Monticello Senior Center from 1:30-2:30 p.m. Caregivers have the option to attend a concurrent caregiver support group. Call 763-295-2000 if you plan to attend.

Blood Pressure Checks

***Tuesday, January 14, 11 a.m. to noon**

***Everybody welcome!**

Handiwork Group

Bring your sewing, embroidery, crocheting, etc. project to the center on Tuesday, January 14 at 12:30 p.m. to socialize with others. There is no instructor, just people with projects.

Free Legal Aid—Monday, January 27
Appointments required

Monticello Senior Center

505 Walnut Street, Suite 3

Monticello, MN 55362

Phone: 763-295-2000

Website:

monticelloseniorcenter.org

Open Hours:

Monday-Friday, 8 a.m.- 4 p.m.

Saturday, 8 a.m. - Noon (office closed)

Director:

Pam Loidolt