



# MONTICELLO SENIOR NEWS

*"Reaching out  
and still growing"*

MONTICELLO SENIOR CENTER JUNE 2024 NEWSLETTER



## Bingo With Royal Ambassadors

The 2023 Royal Ambassador candidates and current Ambassadors will be at the senior center on Thursday, June 27 at 1 p.m. to play bingo with participants. People age 55+ are welcome to play and there is no charge. Cash prizes will be given to the winners and strawberry shortcake will be served after the games are played.

The Monticello Rotary funds this annual event and we thank them for their support. *Please sign up if you plan to attend.* This is a wonderful opportunity to meet the young ladies who wish to represent Monticello.

## Minnesota's Rich Agricultural Heritage

Explore rural Minnesota where our roots go deep and strong starting with the Golden Age of Agriculture. As usual, there will be a number of beautiful pictures and fascinating stories to get and hold your attention.

Historian Doug Ohman will present this program at the center on Wednesday, June 26 at 10:30 a.m. Please sign up if you plan to attend.

## Walk & Roll June 8

The senior center will be sponsoring a booth at Monticello's Walk & Roll event on Saturday, June 8 from 9-11 a.m. There is a new route begins behind the community center.

Invite your family and friends to participate! Get your Pathport checked at each booth and you could win a prize. You can stop at the senior center for more event information.

## It's Picnic Time!

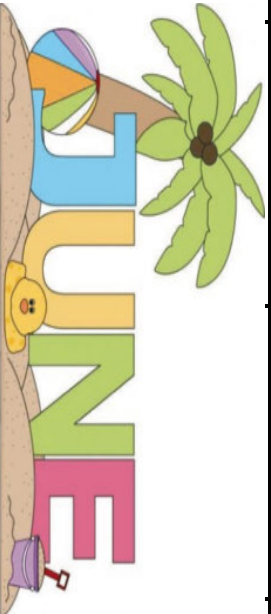
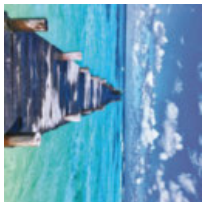
Please join us for a picnic at Ellison Park next to the beautiful Mississippi River on Monday, June 10.

Contact the center to reserve your place. A delicious box lunch will be served at noon and then people can play bingo for the chance to win prizes.

The cost is \$10 per person and you are asked to pay in advance.

The senior center will be closed on Tuesday and Wednesday, June 18 & 19 for the installation of new light fixtures.

# JUNE 2024 ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> 8 a.m.-Noon Center Open
<b>2</b> 	<b>3</b> 7-9 Pickleball 8:00 Casino Trip 9:00 Cribbage Tournament 1:00 Bridge 1:00 Movie Monday	<b>4</b> 7-10:30 Pickleball 8:30 Tech Support 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	<b>5</b> 8:00 Ceramics 9:00 Team Pool Tournament 10:00 Bible Study 12:00 Dinner 1:00 500	<b>6</b> 7-11 Pickleball 9:00 Bike Group 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge	<b>7</b> 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	<b>8</b> Senior Center Closed 9-11 a.m. Walk and Roll
<b>9</b>	<b>10</b> 7-11 Pickleball 9:00 Cribbage Tournament 12:00 Picnic 1:00 Bridge 4:00 Board Meeting	<b>11</b> 7-11 Pickleball 8:30 Tech Support 10:30 Line Dancing 10:30 Choir 11:00 Blood Pressure 12:00 Dinner 12:30 Handiwork Group 1:00 Hand and Foot	<b>12</b> 8:00 Ceramics 9:30 Book Club 10:00 Bible Study 12:00 Dinner 12:30 Memory Cafe 1:00 500 Tournament	<b>13</b> 7-11 Pickleball 9:00 Bike Group 9:00 Driver's Class 10:30 Caregiver Group 10:30 Bingo 10:45 Boat Trip 12:00 Dinner 1:00 Bridge	<b>14</b> 9:30 Autobiography Class 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	<b>15</b> 8 a.m.-Noon Center Open
<b>16</b> 	<b>17</b> 7-11 Pickleball 9:00 Cribbage Tournament 1:00 Bridge 1:00 Movie Monday 1:00 Knitting Class	<b>18</b> Senior Center Closed	<b>19</b> Senior Center Closed	<b>20</b> 7-11 Pickleball 9:00 Bike Group 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge 1:00 Let's Talk Travel	<b>21</b> 9:30 Autbio. Class 10:00 Women's Pool 12:00 Dinner 12:30 Ask a Master Gardener 1:00 Euchre Tournament	<b>22</b> 8 a.m.-Noon Center Open
<b>23/30</b>	<b>24</b> 7-11 Pickleball 9:00 Cribbage Tournament 12:30 Legal Aid 1:00 Bridge 1:00 Movie Monday	<b>25</b> 7-11 Pickleball 8:30 Tech Support 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	<b>26</b> 8:00 Ceramics 10:00 Bible Study 10:30 Minnesotas Rich Agricultural Heritage 12:00 Dinner 1:00 500	<b>27</b> 7-11 Pickleball 9:00 Bike Group 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge 1:00 Bingo with Royal Ambassadors	<b>28</b> 9:30 Autobiography Class 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	<b>29</b> 8 a.m.-Noon Center Open

## Ask a Master Gardener

This month we will discuss vegetable garden maintenance and a host of other topics. A Master Gardener Volunteer from the University of Minnesota Extension will be at the center at 12:30 p.m. on Friday, June 21. Come join fellow gardeners to ask a variety of questions. Please sign up in advance if you plan to attend.

Please consider participating in the senior center 2024 Voluntary Membership. Forms available in the senior center.

## Let's Talk Travel

Staff from Landmark Tours will be at our center at 1 p.m. on Thursday, June 20 to talk about a number of extended tours they have scheduled.

A local, family-owned tour operator, Landmark's inclusive packages feature round-trip airfare, quality accommodations, enjoyable meal experiences, admission to all itinerary attractions, and more. You do not have to sign up in advance to attend this session.

## Blood Pressure Checks

\*Tuesday, June 11, 11 a.m. to noon

\*Everybody welcome!

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**Dinner Program partner Chin Yuen will be unable to provide meals  
for the senior center in June and July.  
The senior center will provide meals on Tuesdays instead.**

<b>JUNE 2024 MENU</b>			
Tuesday Meals from the Senior Center	Wednesday Meals from American Legion Post 260	Thursday Meals from VFW Post 8731	Friday Meals from Cornerstone Café
<b>4</b> Sloppy Jo Potato Salad Chips Pickle	<b>5</b> Beef Stroganoff Salad Dinner Roll	<b>6</b> Hot Beef Sandwich Mashed Potatoes Gravy Vegetable	<b>7</b> Spaghetti Caesar Salad Garlic Toast
<b>11</b> Hot Dog Baked Beans Chips Pickle	<b>12</b> Chicken Broccoli Alfredo Salad Breadstick	<b>13</b> Lasagna Breadstick	<b>14</b> Chili Garden Salad Dinner Roll
<b>18</b>  <b>No Meal Today</b>	<b>19</b>  <b>No Meal Today</b>	<b>20</b> Turkey Mashed Potatoes Gravy Vegetable Dinner Roll	<b>21</b> Ranch Wrap Chips Special K Bar
<b>25</b> Walking Taco Fruit Cup Dessert	<b>26</b> Chef Salad Breadstick	<b>27</b> Meatloaf Mashed Potatoes Gravy Vegetable Dinner Roll	<b>28</b> Lasagna Dinner Roll

Many thanks to the following restaurants for providing the meals: American Legion Post 260, VFW Post 8731, and Cornerstone Café. Menu is subject to change. Dinners are served at noon to persons age 55+ and spouse regardless of age. The meal cost is \$5. Meal reservations must be made at least one business day in advance by noon. People must pay for all meals they order.

**MONTICELLO SENIOR CENTER • 505 WALNUT STREET, SUITE 3 | MONTICELLO, MN 55362  
(763) 295-2000 • HOURS: MONDAY–FRIDAY 8 AM-4 PM; SATURDAYS 8-NOON**

### Knitting Class

\*Monday, June 17 at 1 p.m.  
\*Needles & yarn provided

### Bike Group Rides Planned

The senior center's River City Riders have some really great trail rides for the 2024 season. Stop by the center to pick up a list of the Thursday morning ride destinations if you are interested. You can also be added to the group email list to receive details on each week's ride.

### Book Club Meets Monthly

The senior center Book Club meets on Wednesday, June 12 at 9:30 a.m.

They will be discussing the books, *Something Wicked* by David Housewright and *Under a Flaming Sky: The Great Hinckley Firestorm of 1894* by Daniel James Brown. You can also pick up the next book the group will be reading.

Dinner Program meal tickets make GREAT gifts!  
10-meal tickets can be purchased for \$50, or a single meal ticket for \$5.

### Handiwork Group

Bring your sewing, embroidery, crocheting, etc. project to the center on Tuesday, June 11 at 12:30 p.m. to socialize with others. There is no instructor, just people with projects getting together.

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## TRIPS

- \*Advance registration and payment is required for all trips.**
- \*Refunds will not be given after the registration deadline unless your spot can be filled.**

### Treasure Island Casino

We will be sharing a coach bus to Treasure Island Casino on Monday, June 3 with participants from the Crow River Senior Center. The bus will depart the Monticello Community Center at 8 a.m. and return at approximately 4:15 p.m. Cost is \$25 and those going will receive \$15 on their casino card and \$5 off food.

### Taylor's Falls Boat Cruise

This June 13 boat trip on the St. Croix River may be full and you can add your name to the waiting list if you wish. The bus departs the community center at 10:45 a.m. and returns at about 4:15 p.m.

### Treasure Island Casino

We will be sharing a coach bus to Treasure Island Casino on Monday, July 1 with participants from the Rogers Senior Center. The bus will depart the Monticello Community Center at 8 a.m. and return at approximately 4:15 p.m. Cost is \$25 and those going will receive \$15 on their casino card and \$5 off food.

### Lake Minnetonka Charter Cruise

You can enjoy a leisurely 1.5-hour ride around Lake Minnetonka aboard an Al & Alma's charter boat on Monday, August 12. The coach bus will depart the community center at 9:45 a.m. and return at about 2:45 p.m.

The cost of \$60 per person includes coach transportation, boat cruise, and lunch on the boat (sandwich, salad, chips, dessert, coffee, or water). The lower level is air conditioned. People can be in the sun or in an enclosed area on the top level.

### Schell's Brewery and New Ulm

The first stop on this Wednesday, July 17 trip to New Ulm will be at the Visitors Center where a local guide will step on the motor coach for a riding tour. You will learn about the downtown architecture, see Herman Monument, drive past Governor John Lind's home as well as historic churches, museums and memorials. The riding tour concludes at the Glockenspiel Musical Tower where you will hear the bells chime the time of day in Westminster style.

You will walk a block (or can reload the bus) to have lunch at Veigel's Kaiserhoff Restaurant. Please indicate your menu choice at the time of registration (both include non-alcoholic beverage): 1) Landjaeger Old German Style Pork and Beef Smoked Sausage, hot German potato salad, sauerkraut, rye bread; 2) Beer Battered Cod Basket, french fries, cole slaw.

After lunch you will tour the August Schell's Brewery. You will be walking or standing for over an hour on this tour (collapsible wheelchairs, walkers, and canes will fit in the bus's luggage bays). You will have time to visit the museum and sample beers in the tap room. Following the tour, you may stroll through the gardens and the gift store before departing for home. The cost is \$89 and the bus will depart the community center at 7:30 a.m. and return at about 5:45 p.m.

### Minnesota State Fair

We will be sharing a coach bus to the Minnesota State Fair with participants from the Crow River Senior Center on Thursday, August 29. The bus will depart our center at 8 a.m. and leave the fairgrounds for the trip home at 3:30 p.m. The trip cost is \$40 per person, which includes fair admission. Space is limited, so sign up soon.

### Monticello Farmers Market

- \*Thursdays, 3:30-7 p.m.**
- \*Public Library Parking Lot**
- \*Local Vendors, Live Music**

## Driver Classes

People age 55+ completing a defensive driving class are eligible to receive a 10% auto insurance discount. The cost is \$25.

Four-hour refresher courses for those who have previously completed an eight-hour class will be held on June 13, July 24, and August 29 from 9 a.m. to 1 p.m. You can call for more dates.

Drop off or mail payment (cash or check) to the center in advance. Checks are payable to the Monticello Senior Center. Please note that refunds will not be given for no-shows.



## One on One Technology Support

Bring your personal device (laptop, tablet, or smartphone) and connect with an experienced digital handyperson who can help you:

- Adjust settings for basic use, communication, online safety, and security
- Personalize your device for your needs and interests
- Find and use functions, services, and apps that will be most helpful to you

Call the center to schedule your **free** appointment.

A service provided as part of the HOME program and funded, in part, by Hennepin and Wright Counties, and the Minnesota Department of Human Services.

Last updated 12.2023

**No Hearing Screening services offered until further notice.**

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Register for a **caregiver support group** held the 2nd Thursday of each month from 10:30 a.m. to noon.

*Cost-share contribution suggested.*

612-804-0968

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Try **CareNextion.org**, a free, secure, award-winning online platform (and mobile app) designed to streamline task coordination, communication, and connection among family members and friends helping to care for a loved one.

**Free Legal Aid  
Monday, June 24  
Appointments required**

## Memory Café

*The Memory Café is a safe and comfortable place where caregivers and their loved ones with memory loss can participate together. Join us with guest activity facilitators Wright County Extension Master Gardeners on June 12.*

*The meeting will be held at Crow River Senior Center from 1:30-2:30 p.m. Caregivers have the option to attend a concurrent caregiver support group. Please sign up if you plan to attend, 763-497-8900.*

**FREE Property Tax Help  
Thursday, July 25  
Appointments are required**

## Monticello Senior Center

**505 Walnut Street, Suite 3**

**Monticello, MN 55362**

**Phone: 763-295-2000**

**Director—Pam Loidolt**

### Open Hours:

**Monday-Friday, 8 a.m.- 4 p.m.**

**Saturday, 8 a.m. - Noon (office closed)**

## Team Pool Tournament

- ♦ Monticello Senior Center
- ♦ Wednesday, June 5, 9 a.m.
- ♦ Sign up in advance, \$4 fee