



MONTI SENIOR NEWS

*"Reaching out
and still growing"*

MONTICELLO SENIOR CENTER JULY

Come to the Riverfest Block Party

People of all ages are invited to the Riverfest Block Party on Thursday, July 10th. Stop by the south side of the community center from 11 a.m. to 1 p.m. for a hotdog, chips, dessert, and soda. It's all free!

Part of the senior center's responsibility for the Block Party is to provide desserts and we need a lot! Please contact the center if you can bake bars or cookies for this fun community event.

It's Picnic Time!

Please join us for a picnic at Ellison Park next to the beautiful Mississippi River on Monday, July 21

Contact the center to reserve your place. A delicious box lunch will be served at noon with bingo to follow for the chance to win prizes.

The cost is \$10 per person and you are asked to pay in advance.

Riverfest Bingo!



All are welcome to play bingo from 1:00-3:30 p.m. on Sunday, July 13 at Ellison Park. The cost is \$.25 per card per game and the winner of each game is paid \$5. If there are multiple winners, the money is split. All money raised goes toward paying the numerous Riverfest expenses.

Senior center volunteers run this bingo event and we need your help. Please contact the center if you can volunteer for a 1.5 hour shift.

Doug Ohman Presentation Escape to the Lake- Cabins of Minnesota. Thursday August 20, 10:30

Enjoy a relaxing and scenic journey to the heart of Minnesota lake country. He will be showing some of the interesting and unique cabins. The pictures will bring back wonderful memories of spending time at your favorite getaway with special people, Doug will share stories, history and memories of this long standing Minnesota tradition.

**Nominees needed to serve on the
MSC Board of Directors.
Talk to Jay-Jay for details.**

**The Senior Center will be closed on
July 4th in observance of
Independence Day**

JULY 2025 ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 7-11 Pickleball 8:30 TECH Support 10:30 Line Dancing 10:30 Choir No Dinner Today 1:00 Hand and Foot	2 8:00 Ceramics 10:00 Bible Study 12:00 Dinner 1:00 500	3 7-11 Pickleball 9:00 Bike Group 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge	4  Closed	5 8 a.m.-Noon Center Open
6	7 7-11 Pickleball 8:00 Casino Trip 9:00 Cribbage Tournament 1:00 Bridge	8 7-11 Pickleball 8:30 TECH Support 10:30 Line Dancing 10:30 Choir 11:00 Blood Pressure 12:00 Dinner 12:30 Handiwork Group 1:00 Hand and Foot	9 8:00 Ceramics 9:00 Team Pool ER 9:30 Book Club 1 10:00 Bible Study 12:00 Dinner 1:00 500 Tournament	10 7-11 Pickleball 9:00 Bike Group 10:30 Caregiver Group 10:30 Bingo 12:00 Dinner 11-1 Riverfest Block Party 1:00 Bridge	11 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	12 8 a.m.-Noon Center Open
13 1-3:30 Riverfest Bingo 	14 7-11 Pickleball 9:00 Cribbage Tournament 12:00 Picnic 1:00 Bridge 4:00 Board Meeting	15 7-11 Pickleball 8:30 TECH Support 9:30 Home Program 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot 1:00 Writer's Group	16 8:00 Ceramics 10:00 Bible Study 12:00 Dinner 1:00 500 1:30 Memory Café	17 7-11 Pickleball 9:00 Bike Group 9:30 Book Club 2 10:30 Caregiver/Bingo 12:00 Dinner 1:00 Bridge 1-3 Hearing Screening	18 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	19 8 a.m.-Noon Center Open
20	21 7-11 Pickleball 9:00 Cribbage Tournament 12:00 Picnic/Bingo 1:00 Bridge	22 7-11 Pickleball 8:30 TECH Support 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	23 8:00 Ceramics 9:00 Driver's Class 10:00 Bible Study 12:00 Dinner 1:00 500	24 7-11 Pickleball 8:30 Property Tax 9:30 Winery Trip 9:00 Bike Group 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge	25 10:00 Women's Pool 12:00 Dinner 12:00 Duck Adoptions 1:00 Euchre Tournament	26 8 a.m.-Noon Center Open
27 	28 7-11 Pickleball 9:00 Cribbage Tournament 12:30 Legal Aid 1:00 Bridge	29 7-11 Pickleball 8:30 TECH Support 10:30 Line Dancing 10:30 Choir 12:00 Dinner 12:30 Handiwork Group 1:00 Hand and Foot	30 8:00 Ceramics 10:00 Bible Study 12:00 Dinner 1:00 500	31 7-11 Pickleball 9:00 Bike Group 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge		

Hearing Screening Offered

The Monticello Lions Club will conduct hearing screenings at the senior center on Thursday, July 17th from 1-3 p.m. the cost is \$5 payable to the Lions. Sign up at the Senior Center.

Free Legal Aid

Monday, July 28th

By appointment only. Please call the center at 763-295-2000

Handiwork Group

Bring your sewing, embroidery, crocheting, etc. project to the center on Tuesday, July 8th at 12:30 p.m. This is a great way to socialize with others while getting all your projects done.

Grandparent Bingo

Invite your grandchildren to play bingo at the center on Thursday, August 28. The games begin at 1 p.m.. Volante of Hanover will be supplying prizes for the winners. All kids will receive a prize before they leave and root beer floats will be served to everyone after bingo.

Please sign up in advance, indicating the number of kids you will be bringing. There is no charge to attend. We hope to see you and your grandkids at this fun event.

Writers Group

Writers group will meet on Tuesday July 15th 1-2:30. The assignment is mixed genre with a 2000 word limit. Seniors with all levels of writing skills and expertise are welcome and encouraged to attend.

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JULY 2025 MENU

Tuesday Meals from Chin Yuen	Wednesday Meals from American Legion Post 260	Thursday Meals from VFW Post 8731	Friday Meals from Cornerstone Café
1 No Dinner	2 Tuna Salad on Croisant Sandwich Fresh Fruit Cup Kettle Chips Cookie or Fig Bar	3 Meatloaf Mashed Potatoes Gravy Vegetable Dinner Roll	4 Closed
8 Sweet & Sour Chicken Wontons Fried Rice Fortune Cookie	9 Sloppy Joe on Bun Tator tots Coleslaw Watermelon Slice	10 Hot Beef Sandwich Mashed Potatoes Gravy Vegetable	11 Turkey BLT French Fries Pickle Special K Bar
15 Chicken Chow Mein Egg Roll Fried Rice Fortune Cookie	16 Baked Ziti with Marinara & cheese Garden Salad w/Italian Mini Lemon Bar	17 Lasagna Breadstick	18 BBQ Ribs Potatoes Corn Roll
22 Sesame Chicken Wontons Fried Rice Fortune Cookie	23 BBQ Pulled Chicken Sandwich Corn Potato Salad Brownie	24 Turkey Mashed Potatoes Gravy Vegetable Dinner Roll	25 Philly Cheese Sandwich Tots Pickle
29 Teriyaki Chicken Egg Roll Fried Rice Fortune Cookie	30 Ham & Cheese on Wheat Sandwich Tomato Basil Soup Pickle Spear & Chips Mini Muffin	31 Meatloaf Mashed Potatoes Gravy Vegetable Dinner Roll	

Many thanks to the following restaurants for providing the meals: Chin Yuen, American Legion Post 260, VFW Post 8731, and Cornerstone Café. Menu is subject to change. Dinners are served at noon to persons age 55+ and spouse regardless of age. The meal cost is \$5. Meal reservations must be made at least one business day in advance by noon. People must pay for all meals they order.

MONTICELLO SENIOR CENTER • 505 WALNUT STREET, SUITE 3 | MONTICELLO, MN 55362
(763) 295-2000 • HOURS: MONDAY–FRIDAY 8 AM-4 PM; SATURDAYS 8 AM-NOON

Book Club News

Book Club 1 News

Current members of Book Club 1 will meet at the community center on Wednesday, July 9th from 9:30-11 a.m. Group members will be discussing, *Everything I never told you by Celeste Ng*. They will also pick up the new book the group will be reading. Please note that this group is closed to new members. See the article on the right for another participation option.

Join the New Book Club

Book Club 2 will meet on Thursday, July 17th from 9:30-11 a.m. This group is facilitated by a retired English teacher. The group will be discussing, *Defending Jacob by William Landay*. You do not need to sign up, just show up. You can pick up your copy of the book for August at the meeting and return it the next session.

Blood Pressure Checks

Tuesday July 8th, 11 a.m. to noon
No appointment needed

FREE Property Tax Help

Thursday, July 24
Appointments are required

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***Advance registration and payment is required for all trips.
*Refunds will not be given after the registration deadline unless your spot can be filled.**

Treasure Island Casino

We are sharing a coach bus to Treasure Island Casino on Monday, July 7th with participants from the Rogers Senior Center. The bus will depart the Monticello Community Center at 8 a.m. and return at approximately 4 p.m. The charge is \$25.00 which includes \$15 a play card and \$5 off food.

Redhead Creamery

Tour the Redhead Creamery in Brooten Thursday September 25th. The Bus will depart at 10:00 a.m. and return at 4:00 p.m. Cost is \$88.

You will learn how cheese is made and what a day in the life of a dairy cow is like. When touring the cow side of the farm you will meet the Jer-Lindy dairy calves and heifers, the pregnant mama cows, and the milking parlor where they are milked twice a day. Next you will tour the cheese plant, where you will get an overview of the entire cheese making process and sample some cheese. Lunch will be served on site: The JerLindy smash burger, deep fried cheese curds, pickle, beverage and ice cream. This tour involves a considerable amount of walking and standing. Wear comfortable shoes. The site is accessible so you may bring collapsible wheelchair, walker or cane. Deadline to register and pay is August 25th.

Treasure Island Casino

We will be sharing a coach bus to Treasure Island Casino on Monday, August 4th with participants from the Crow River Senior Center. The bus will depart the Monticello Community Center at 8 a.m. and return at approximately 4 p.m. The charge is \$25 and those going will receive \$15 on their card and \$5 off food.

Sympathies to...

...the family and friends of Jim Kealy on their loss.

Lake Minnetonka Charter Cruise

You can enjoy a leisurely 1.5-hour ride around Lake Minnetonka aboard an Al & Alma's charter boat on Monday, August 11th. The coach bus will depart the community center at 9:45 a.m. and return at 2:45 p.m.

The cost of \$60 per person includes coach transportation, boat cruise, and lunch on the boat (sandwich, salad, chips, dessert, coffee, or water). There are several accommodations for a comfortable cruise. Air conditioned, outside shade or full sun.

Church Basement Ladies

The Ladies are back at the Plymouth Playhouse on Wednesday, August 6th with the musical that started it all and it will be as heartwarming as a slice of warm pie! Come meet the pastor, three kitchen cooks and one daughter who run the kitchen and care for the congregation by preparing and serving the food. Like any great kitchen, problems are solved here as well. This hilarious musical comedy will bring back memories of many people you know from churches everywhere!

Enjoy a tasty lunch prior to the 2 p.m. show featuring meatball marinara pasta, chicken alfredo, salad, green beans, breadstick, dessert, coffee and water. The cost is \$84. The bus will depart the community center at 10:45 a.m. and return at about 5:45 p.m..

Chateau Winery

Enjoy a nice summer day in the St Croix Valley on Thursday, July 24. First stop will be for lunch at the Lowell Inn located in Stillwater. You will have an elegant lunch in their Garden Room and they will serve Chicken ala King (tender pieces of chicken, mushrooms, red and green peppers in a sherry cream sauce) served over a puff pastry shell, mashed potatoes, vegetable of the day, beverage and a dessert.

Next, you will go to the Chateau Winery nestled in the rolling hills of the St. Croix River Valley. You will be divided in 2 groups for a tour and a tasting. Afterwards you will have time to relax and enjoy this beautiful setting. You can visit the gift area and decide which wines you would like to purchase. The cost is \$88. The bus will depart the community center at 9:30 a.m. and return at about 5 p.m.

Driver Classes

People age 55+ completing a defensive driving class can receive a 10% auto insurance discount. The cost is \$25.

Effective July 1, 2024 8-hour classes will no longer be required. First-time participants can take a 4-hour class and they are scheduled on July 24, August 29, and September 25 from 9 a.m. to 1 p.m. You can call for more dates.

Drop off or mail payment (cash or check) to the center in advance. Checks are payable to the Monticello or Center. Please note that refunds will not be given for no-shows.

Need a Notary?

Jay-Jay is a certified notary and is happy to offer notary services free of charge. Please reach out if you need assistance.

Home Program Info

Stacie from Senior Community Services Home Program will be available the 3rd Tuesday of every month from 9:30am to 10:30 a.m. at the Senior Center to provide information on programs related to services provided by the Home Program, including: Repair/Maintenance Services, Lawn/Snow Services, Housekeeping, etc. You may sign up for services at this time. These services are based on a sliding scale fee. For questions, please call Stacie at 763-231-6283.

Team Pool Tournament

Elk River Senior Center
Wednesday, July 9th, 9 a.m.
Sign up in advance, \$4 fee

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HOME Program

Offering a variety of assistance with **home chores** including housekeeping, minor repairs, leaf raking, and more.

Call 763-416-7969 or email us at hometeam@seniorcommunity.org to learn more!

Technology Services

Have questions about technology? Our Technology Coaches are here to help!

In a community setting - Join a free tech clinic in Monticello every 1st and 3rd Tuesday. Call 763-295-2000 to register

In your home - Make an in-home appointment for a fee by calling 952-888-5530.



Caregiver Support

Becky Allard, LSW, is here to support you while you care for your loved one:

Make a **one-on-one appointment** for individualized support



Join a **caregiver support group** held the 2nd Thursday of each month from 10:30am-12:00pm

Contact Becky at 612-804-0968 or b.allard@seniorcommunity.org to register or learn more!

Memory Café

The Memory Café offers a positive experience for older adults with memory loss and their caregiver. The meeting will be held on Wednesday, July 16th at the Monticello Senior Center from 1:30-3 p.m.

Caregivers will have the opportunity to attend support group lead by Becky Allard LSW while their loved ones participate in fun small group activity. Please call 763-295-2000 if you plan to attend.



Monticello Community Center Classes

LIVING WELLNESS GROWTH GROUP

This is a great opportunity for newly retired individuals that seek to improve their health and wellness through interactive discussion on nutrition, fitness, and social involvement. Sessions led by Donna Finnell – MCC Fitness Specialist. Thursdays in July/Aug. 1:00-2:00pm. Register with MCC Guest Services. 6 week program is \$100 payable on July 10. Contact Donna at 763-227-2380 with questions.

SILVER SNEAKER OPEN HOUSE – Tuesday, July 22, 1:00-2:00 Warehouse Room. Find out if you can get a free Community Center membership and take a tour of the MCC. Register at the Senior Center.

Monticello Senior Center

505 Walnut Street, Suite 3
Monticello, MN 55362
Phone: 763-295-2000
monticelloseniorcenter.org
Jay-Jay Tauszell, Director

Open Hours:

Monday-Friday, 8 a.m. - 4 p.m.
Saturday, 8 a.m. - Noon (office closed)