



MONTI SENIOR NEWS

*“Reaching out
and still growing”*

MONTICELLO SENIOR CENTER NOVEMBER 2023 NEWSLETTER

Craft Sale November 4

The senior center Craft Sale will be held on Saturday, November 4 in the community center Mississippi Room. Thousands of craft items will be available for purchase from 9 a.m. to 3 p.m. Please invite your family and friends to this senior center fundraiser.

Enjoy a Sloppy Joe

Sloppy joe lunches will be served in the senior center on Saturday, November 4. The cost is \$6 and includes a sloppy joe, chips, pickle, dessert, juice, and coffee. The food will be served at the Craft Sale beginning at 10 a.m.

Minnesota from the Road Southern Prairie Tour

Enjoy a road trip along the Minnesota river into southwestern Minnesota through the beauty of amazing photographs. Along the way, historian and photographer Doug Ohman will take you to both historic and unique landmarks, with some fun “stops” for great food.

Doug will give this presentation at the center on Monday, November 27 at 10:30 a.m. Please sign up to attend.

Veterans Invited to Dinner

Veterans and their significant others are invited to a dinner held in their honor on Friday, November 10 at noon. Spouses of deceased veterans are also invited. Lunch is free and people do not have to sign up in advance. There will be a short program, and a performance by the River City Ramblers choir after dinner.

**Senior Community Services Nordic
BrewPub fundraiser on November 14
benefits seniors in our community.**

Details on page 3...









Two Thanksgiving Dinners at the Center



The Cornerstone Café will prepare a delicious meal on Friday, November 17 for people age 55+ that will be served at the center at noon. The meal includes turkey, potatoes, green beans, dinner roll, and dessert. The cost is \$6 per person and people should sign up by November 15. This meal is limited to 40 people.

Monticello Girl Scout Troop 16143 will provide a tasty Thanksgiving meal with all the trimmings for people age 55+. The meal will be held on Monday, November 20 at 6 p.m. in the senior center. There is no charge—sign up in the senior center in advance. This meal is limited to 50 people.

NOVEMBER 2023 ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
5 	6 7-11 Pickleball 8:00 Casino Trip 8:00 Ceramics 9:00 Cribbage Tournament 1:00 Bridge 1:00 Movie Monday	7 7-11 Pickleball 8:30 Tech Support 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	8 8:00 Ceramics 9:00 Mahjong 9:00 Team Pool Tourna. 9:00 Driver's Class 9:30 Book Club 10:00 Bible Study 12:00 Dinner 1:00 500 Tournament	9 7-11 Pickleball 10:30 Caregiver Support Group 10:30 Bingo 12:00 Dinner 1:00 Bridge	10 8:00 Ceramics 8:30-11 Pickleball 10:00 Women's Pool 12:00 Veterans Dinner 1:00 Euchre Tournament	11 
12	13 7-11 Pickleball 8:00 Ceramics 9:00 Cribbage Tourney 1:00 Bridge Tournament 1:00 Movie Monday 1:00 Hearing Screening 4:00 Board Meeting	14 7-11 Pickleball 10:30 Line Dancing 10:30 Choir 11:00 Blood Pressure 12:00 Dinner 1:00 Hand and Foot 4-7 Fundraiser at Nordic BrewPub	15 8:00 Ceramics 9:00 Mahjong 10:00 Bible Study 12:00 Dinner 1:00 500 1:30 Memory Café	16 7-11 Pickleball 9:45 Church Basement Ladies Trip 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge	17 8:00 Ceramics 8:30-11 Pickleball 10:00 Women's Pool 12:00 Thanksgiving Dinner 1:00 Euchre Tournament	18 8 a.m.-Noon Center Open
19 	20 7-11 Pickleball 8:00 Ceramics 9:00 Cribbage Tournament 1:00 Bridge 1:00 Movie Monday 6:00 Thanksgiving Meal	21 7-11 Pickleball 8:30 Tech Support 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	22 8:00 Ceramics 9:00 Mahjong 10:00 Bible Study 12:00 Dinner 1:00 500 Tournament	23 Senior Center Closed 	24 Senior Center Closed 	25 8 a.m.-Noon Center Open
26	27 7-11 Pickleball 8:00 Ceramics 9:00 Cribbage Tourna. 10:30 Southern Prairie Tour Presentation 12:30 Legal Aid 1:00 Bridge 1:00 Movie Monday	28 7-11 Pickleball 10:30 Line Dancing 10:30 Choir 12:00 Dinner 1:00 Hand and Foot	29 8:00 Ceramics 9:00 Mahjong 10:00 Bible Study 10:00 Charles Lindbergh Presentation 12:00 Dinner 1:00 500	30 7-11 Pickleball 10:30 Caregiver 1:1 10:30 Bingo 12:00 Dinner 1:00 Bridge		

PHONE NUMBER: 763-295-2000

GROWLERS, GRATITUDE & GIVING

Join Senior Community Services & Thrivent Financial for an all-ages charitable community night of drinks, free food, and live jazz music!

Tuesday, November 14
4:00 p.m. - 7:00 p.m.



Nordic BrewPub
530 Cedar St.
Monticello, MN 55362



Senior
Community
Services

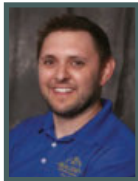
Hosted by:

thrivent®

All proceeds go toward serving more older adults and caregivers in our community. Thrivent's sponsorship is providing food, entertainment, and a **50% match on all donations made** up to \$2,000!

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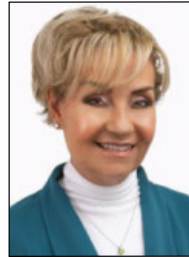
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NOVEMBER 2023 MENU

Tuesday Meals from Chin Yuen	Wednesday Meals from American Legion Post 260	Thursday Meals from VFW Post 8731	Friday Meals from Cornerstone Café
	1 Cornbread Casserole Dinner Roll	2 Lasagna Breadstick	3 Goulash Garden Salad Dinner Roll
7 Chicken Chow Mein Egg Roll Fried Rice Fortune Cookie	8 Salisbury Steak Bake Dinner Roll	9 Turkey Mashed Potatoes Gravy Vegetable Dinner Roll	10 Veterans Day No Dinner Program Meal Today
14 Sweet & Sour Chicken Wontons Fried Rice Fortune Cookie	15 Shredded Chicken Over Mashed Potatoes and Corn Dinner Roll	16 Meatloaf Mashed potatoes Vegetable Dinner Roll	17 THANKSGIVING MEAL Turkey Mashed Potatoes Green Beans Dinner Roll Dessert *\$6 Charge*
21 Teriyaki Chicken Egg Roll Fried Rice Fortune Cookie	22 Scalloped Potatoes and Ham Dinner Roll	23 Senior Center Closed 	24 Senior Center Closed
28 Beef with Broccoli Chicken Wings Fried Rice Fortune Cookie	29 Hamburger and Egg Noodle Hotdish Salad Dinner Roll	30 Lasagna Breadstick	

Many thanks to the following restaurants for providing the meals: Chin Yuen, American Legion Post 260, VFW Post 8731, and Cornerstone Café. Menu is subject to change. Dinners are served at noon to persons age 55+ and spouse regardless of age. The meal cost is \$5. Meal reservations must be made at least one business day in advance by noon. People must pay for all meals they order.

MONTICELLO SENIOR CENTER • 505 WALNUT STREET, SUITE 3 | MONTICELLO, MN 55362
(763) 295-2000 • HOURS: MONDAY–FRIDAY 8 AM-4 PM; SATURDAYS 8-NOON

Charles Lindbergh: Triumph, Tragedy & Controversy

In 1927, Charles Lindbergh became the first pilot to fly solo from New York to Paris. This feat made him one of the biggest celebrities of his time. However, his life following the flight was filled with tragedy and controversy. Join us on Wednesday, November 29 at 10 a.m. to explore the complicated life of a complex man. Please sign up if you plan to attend.

The senior center will be closed on
Thursday and Friday, November 23 & 24
Happy Thanksgiving!

Book Club Meets Monthly

The senior center Book Club will meet on Wednesday, November 8 at 9:30 a.m.

They will be discussing *Beneath a Scarlet Sky* by Mark Sullivan. You can also pick up the next book the group will be reading. If you enjoy reading, check out the Book Club.

Team Pool Tournament

- ♦ Elk River Senior Activity Center
- ♦ Wednesday, November 8, 9 a.m.
- ♦ Sign up in advance, \$4 fee

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TRIPS →

- *Advance registration and payment is required for all trips.**
- *Refunds will not be given after the registration deadline unless your spot can be filled.**

Treasure Island Casino

We will be sharing a coach bus to Treasure Island Casino on Monday, November 6 with participants from the Rogers Senior Center.

The bus will depart the Monticello Community Center at 8 a.m. and return at approximately 4:15 p.m. There is a \$20 charge and those going will receive \$15 on their casino card to spend and \$5 off food.

Le Duc Mansion

You can enjoy a tour of the Le Duc Mansion in Hastings on Thursday, December 7. The mansion is decked out in Victoria style for the holiday season. This 15-room house stands as a rare monument of unaltered Gothic Revival architecture. The tour includes both the first and second floor and there is not an elevator. Those who want to go outside can visit the Carriage Barn and Simmons Shed which have additional exhibits on display.

Lunch will be in the parlor and includes chicken salad on a croissant, fruit salad, vegetable, dessert, water, tea, or coffee. Following lunch, you will go to the Alexis Bailly Vineyard to taste and purchase wine. The trip cost is \$82 and the coach bus will depart the community center at 8:30 a.m. and return at about 3:45 p.m.

Treasure Island Casino

We will be sharing a coach bus to Treasure Island Casino on Monday, December 4 with participants from the Crow River Senior Center.

The bus will depart the Monticello Community Center at 8 a.m. and return at approximately 4:15 p.m. There is a \$20 charge and those going will receive \$15 on their casino card to spend and \$5 off food.

Winter Dance Party

Share a bus with seniors from Elk River and head to the Paramount Theater on Thursday, January 25 to take part in John Mueller's "Winter Dance Party." This is the official live and authentic re-creation of Buddy Holly, Ritchie Valens and the Big Bopper's final tour and the only show endorsed by the Holly, Valens and Richardson estates. Each performance includes over two hours of unbridled, high voltage entertainment featuring all the hit songs of the 50's era: That'll Be The Day, Peggy Sue, Oh, Boy, Rave on, La Bamba, Chantilly Lace, and many, many more.

Prior to the show, enjoy a buffet lunch at Molitor's Quarry Grill & Bar featuring chicken, mashed potatoes, gravy, dressing, coleslaw, green beans, dinner rolls, and beverages. The cost is \$78 and the bus will depart the community center at 10:30 a.m. and return at about 4:15 p.m.

Memory Café

The Memory Café is a safe and comfortable place where caregivers and their loved ones with memory loss can participate together in a creative activity while socializing with others. The café experience is free, and all the supplies are provided for you.

The November 15 meeting will be held at the Crow River Senior Center in St. Michael from 1:30-2:30 p.m. Caregivers have the option to attend a concurrent caregiver support group. Please sign up if you plan to attend, 763-497-8900.

Driver Classes

People age 55+ completing a defensive driving class are eligible to receive a 10% auto insurance discount. The cost is \$25.

Four-hour refresher courses for those who have previously completed an eight-hour course will be held on November 8 and December 6 from 9 a.m. to 1 p.m. Call for 2024 class dates.

Drop off or mail payment (cash or check) to the center in advance. Checks are payable to the Monticello Senior Center. Class size is limited and people must register in advance. Please note that refunds will not be given for no-shows.



Technology Support

Need help with your smartphone, tablet, laptop or other device? Schedule a **free** appointment with a digital handyperson who can help you:

- Virtually connect via Zoom or Facetime
- Find and use helpful device features
- Manage online security and safety
- Troubleshoot device settings or errors



Appointments are available the first and third Tuesdays each month.

Call the center to schedule.

A service provided as part of the HOME program and funded, in part, by Hennepin, Sherburne & Wright Counties. There is no fee for this service.

Last updated 05.2023

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To learn more, call 763-416-7969 or email hometeam@seniorcommunity.org.



If you're helping an older adult in your life, you are a **caregiver**. Licensed social worker **Becky Allard, LSW**, can help you get the support you need to sustain your ability to provide help and maintain your own life balance.

Make a **one-on-one appointment** for individualized support, guidance or advice.

Register for a **caregiver support group** held the 2nd Thursday of each month from 10:30 a.m. to noon.

612-804-0968
b.allard@seniorcommunity.org



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www.seniorcommunity.org
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Blood Pressure Checks

***Tuesday, Nov. 14, 11 a.m. to noon**

***Everybody welcome!**

Card Tournaments...

Senior center card tournaments are open to people age 55+. All games have a \$2 entry fee and prize money is paid to the tournament winners.

Advanced sign up for all tournaments is not required. See calendar for schedule.

Hearing screening November 13
Appointments required

Free Legal Aid
Monday, November 27
Appointments required

Monticello Senior Center

505 Walnut Street, Suite 3

Monticello, MN 55362

Phone: 763-295-2000

Website:

monticelloseniorcenter.org

Open Hours:

Monday-Friday, 8 a.m.- 4 p.m.

Saturday, 8 a.m. - Noon (office closed)

Director:

Pam Loidolt