



Located in Waconia City Hall
201 S Vine ST, Waconia, MN 55387
952-856-4474

Open Monday - Thursday
10 am to 3 pm daily

Events & Activities

May 2024



Urban Gems: Minneapolis Tour at the Senior Center Thursday, May 16th at 10:30 am

Staying close to home and exploring our back yard can be the best of all road trips. Minneapolis is so rich in history, beauty and culture that you will be sure to learn so much from historian Doug Ohman on this incredible tour.



Collage Design * Thursday, May 9th at 10 am

Join an Artist-Instructor from the Minnetonka Center for the Arts to explore collage design.

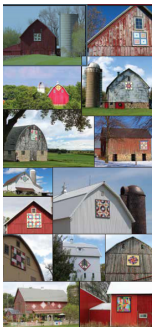
All materials for collage will be provided by the MCFTA.

Registration is required; limited to 10 people.

Day Trip

BARN QUILT TOUR OF CARVER COUNTY: Thursday, May 2nd 10:00 am-2:30pm

Join us for a tour of the Carver County Barn Quilts. We will stop for lunch at Unhinged Pizza. Tour and transportation are free. Lunch is additional cost.



History behind the Veteran's Memorial located in City Square Park.

Tuesday, May 14th at 12:30 pm

Staying in at the Senior Center we will hear from Joe Gifford as he teaches us the history behind the veteran's memorials.

Day Trip

Peony Garden's

Tuesday, May 28th from 10:30 am - 1:00 pm

Join us for a visit to Lin's Peony Field &

Lion's Park in Cologne, MN. Enjoy over 100 peony's. We then will visit the Benton Lake Garden for more flowers. Finally, we will have lunch at the Cologne Corral. Transportation is not provided for this trip. We will depart from the Senior Center at 10:30am.

Lunch is an additional charge.



Mackenthun's Nutrition Presentation- Blood

Tuesday, May 21st at 12:30 pm

May is High Blood Pressure Education Month. Come and learn more about how to make heart healthy meals to help keep your blood pressure down.



*These art activities are made possible by the voters of Minnesota through a grant from the Minnesota State Arts Board, thanks to a legislative appropriation from the arts and cultural heritage fund.

For events requiring registration, sign up at the center. Unless otherwise described, all activities and events are held at the Senior Center located inside Waconia City Hall.

Recurring Monthly Activities



Personal Technology Support 1st and 3rd Tuesdays each month, 12 pm - 3 pm by appointment

Volunteers from Senior Community Services' Technology Education, Connection & Help

(TECH) Services team can help you:

- Troubleshoot device settings or errors
- Find and use helpful device features
- Manage online security and safety
- Download and manage applications
- Virtually connect via Zoom or Facetime

There is no cost, but you must sign up for an appointment. Bring your device with you.



Book Club

1st Tuesday each month at 1:00 pm

Join us for a discussion of the book
"Riding the Bus With My Sister" by
Rachel Simon.

This is a FREE Book Club offered with
Carver County Library.



BINGO

Carver County Library Bingo at the Senior Center Thursday, May 23rd at 10:30 am

It is a fun hour long bingo session with
free books from the Carver County
Library.

"Class of '65"

1st Thursday each month at 10 am

Meet other "65ers" to
connect and reminisce!

Birthday Party

On the last Wednesday of each
month we celebrate with
special treats!

Quilting Group

2nd Monday each month, 10 am

All quilters, including beginners, are
invited to join this group each month.

Craft Group*

3rd Thursday each month, 12:30 pm

Dye a silk scarf.

All materials will be provided.

Registration is required.

Limit 8 participants.



*These art activities are made
possible by the voters of Minnesota
through a grant from the Minnesota
State Arts Board, thanks to a
legislative appropriation from the arts
and cultural heritage fund.






Poetry Reading

Thursday, May 30 at 11:30 am in the Oak Room

Bring your favorite weather poetry to
share with the group or just come and
listen to others reading.
Enjoy a fun beverage while you listen.

Waconia Area Senior Center May 2024 Events & Activities Calendar

Monday	Tuesday	Wednesday	Thursday
29	30	1	2
		10 am: Walking Club 10 am: Card Games 12:30 pm: Yahoo BINGO	10 am: "Class of '65" 10 am-2:30pm: Carver County Quilt Tour and Lunch (bus leaves promptly at 10am) 12:30 pm: Bridge
6	7	8	9
10 am: Chair Yoga 11 am: Card Games 12:30 pm: Mahjong	Mexican Train Dominoes 9:15 am: Advisory Committee 10 am: Cribbage 1:00 pm: Book Club 12 pm - 3 pm: Tech Support (Oak Room)	10 am: Walking Club 10 am: Card Games 11:30 am: Potluck 12:30 pm: BINGO 	10:00 am: Minnetonka Center for the Arts- Collage at Senior Center 12:30 pm: Bridge
13	14	15	16
10 am: Games of Choice 10 am: Quilting Group 12:30 pm: Mahjong	Mexican Train Dominoes 10 am: Cribbage 12:30pm: Veteran's Memorial Presentation at Senior Center by Joe Gifford	10 am: Walking Club 10 am: Card Games 12:30 pm: Yahoo BINGO	10 am: Card Games 10:30 am: Doug Ohman Urban Gems: Minneapolis Tour 12:30pm pm: Craft Group (Dye a silk scarf) 12:30 pm: Bridge
20	21	22	23
10 am: Chair Yoga 11 am: Card Games 12:30 pm: Mahjong	Mexican Train Dominoes 10 am: Cribbage 12:30 pm: Mackenthun's Nutrition Presentation- Blood Pressure and Your Diet 12 pm- 3 pm: Tech Support (Oak Room)	10 am: Walking Club 10 am: Card Games 12:30 pm: BINGO	10:30 am: Carver County Library Bingo (Free Books) 12:30 pm: Bridge
27	28	29	30
Memorial Day  Senior Center Closed	Mexican Train Dominoes 10 am: Cribbage 10:30 am: Peony Gardens tour in Cologne 12:30pm: Cards of choice	10 am: Walking Club 10 am: Card Games 12:30 pm: BINGO Birthday Party! 	10:00am: Cards of Choice 11:30 am: Poetry Group (Oak Room) 12:30 pm: Bridge

See the full newsletter for details. For events requiring registration, sign up at the center.

Unless otherwise described, all activities and events are held at the Senior Center located inside Waconia City Hall.

201 S Vine ST, Waconia, MN 55387 | 952-856-4474 | Open Monday - Thursday | 10 am to 3 pm daily

Fitness & Health

SilverSneakers® Chair Yoga

1st and 3rd Monday each month, 10 am

Move your body through a series of seated and standing yoga poses. Chair support helps you safely perform a variety of postures designed to increase flexibility, and improve balance, and range of movement. Restorative breathing exercises and final relaxation promote stress reduction and mental clarity.

**There is no cost for
SilverSneakers members;
non-members pay a \$5.00 fee.**

Want to become a member?
Stop in before class to fill out the paperwork
or call Kristi at Safari Island
at 952-442-3105 to enroll.



*Thank you to Safari Island for
providing instructors for these
fitness classes offered at the
Senior Center!*

Walking Club

Wednesday at 10 am

All are welcome. We will depart
from the Senior Center at 10:00am.



Are you helping an older adult or someone with a cognitive diagnosis?
Senior Community Services social worker Sara Roberts, LSW, can caregiver coaching and counseling that helps caregivers sustain their ability to provide help and maintain their own life balance while caring for a loved one. If you, or the person you're caring for, resides in Carver County, contact Sara to schedule an in-person or virtual appointment. Call 612-868-6720 or email s.roberts@seniorcommunity.org.

Games

BINGO

Wednesdays at 12:30 pm

Join us for classic and
Yahoo BINGO.

Bridge

Thursdays at 12:30 pm

Join us each Thursday.

Card Games

**Several days each month;
see calendar for times**

Drop in to join a variety of card games
including Hand & Foot, 500, and Kings Corner.
Cards provided by the Senior Center.

Cribbage

Tuesdays at 10 am

Beginners and experts
are invited to play.

Mahjong

Mondays at 12:30 pm

Beginners and experts welcome!
Mahjong sets provided
by the Senior Center.

Mexican Train Dominoes

Tuesdays

Dominoes provided
by the Senior Center.

952-856-4474 | seniorcenter@waconia.org
mnseniorcenters.org/waconia-area-senior-center

The Waconia Area Senior Center Newsletter is published monthly.

The Waconia Area Senior Center has a contract with Senior Community Services to provide daily center operations management, programming, and activities for older adults.